

BRISTOL

# FOLK HOUSE

LEARNING FOR PLEASURE

COURSES AND WORKSHOPS

## SUMMER TERM PROGRAMME 2017


TERM DATES:

22 April – 8 July / Half term 29 May – 2 June

 0117 926 2987

BRISTOL FOLK HOUSE CO-OPERATIVE LTD.

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# WELCOME

## SUMMER TERM 2017

***The Bristol Folk House is a self-funding adult education centre in the heart of Bristol. We provide a variety of part-time day and evening courses and workshops. We aim to help the local community take part in 'learning for pleasure' courses in a friendly, relaxed environment.***

We host live music events and festivals as well as serving delicious organic, locally sourced food in our café/bar. All our rooms, including the café, are also available to hire for private parties, functions or meetings.

For enrolment information and terms and conditions please see page 36. Full details are on our website. Courses and workshops fill up quickly we advise you to enrol early to avoid disappointment.

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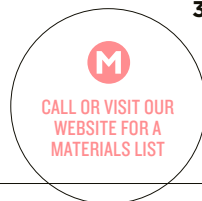
<b>A1</b>	Course code to cross reference with timetable
<b>M</b>	Please visit the website for a materials list.
<b>£84.00/£75.60/£50.40</b> (example)	<b>Course fees:</b> Full price/60+yrs/Benefits

## TERM DATES

22 April – 8 July  
Half term break 29 May – 2 June

**Please note:** There are no classes during half term and all 10 week courses have a break during this period.

## ARTS

**BILL GUILDING Life Drawing: Basic Skills****A1** | **M** | £68.70/£64.70/£55.70 | **Monday 5.30 – 7.30pm** | starts **5 June**

In this five week guided course you will learn the basic skills of life drawing. You will explore shape and form and have the opportunity to use a variety of drawing media. This is aimed at beginners though others are welcome.

**Painting from Life****A2** | **M** | £77.25/£72.75/£62.60 | **Monday 2.00 – 4.15pm** | starts **5 June**

In this five week course we will be painting directly from a model, both clothed and nude. The set or model will change every lesson or two, so you will be painting fairly swiftly and boldly: sketching with a brush. All paint-types welcome, pastels too. Some experience of drawing from life is recommended.

**Painting in Oils and Acrylics****A3** | **M** | £104.00/£96.00/£78.00 | **Tuesday 4.00 – 6.00pm** | starts **25 April****A4** | **M** | £104.00/£96.00/£78.00 | **Tuesday 6.15 – 8.15pm** | starts **25 April****A5** | **M** | £104.00/£96.00/£78.00 | **Wednesday 5.30 – 7.30pm** | starts **26 April**

A course in the art of painting – from observation, sketches, photographs and the imagination – representational or otherwise. The course will be adjusted to the inclinations of the students. Open to those with a little experience and the experienced.

**Portraiture****A6** | **M** | £81.70/£76.70/£65.45 | **Wednesday 2.00 – 4.30pm** | starts **26 April****A7** | **M** | £81.70/£76.70/£65.45 | **Wednesday 2.00 – 4.30pm** | starts **7 June**

Develop your skill at painting or drawing faces. You may use any medium. Some previous experience of drawing from observation is recommended. Two five week courses.

**Saturday – Life Drawing Day****S25** | **M** | £34.35/£32.35/£27.85 | **13 May 10.00 – 4.00pm**

This enjoyable workshop is ideal for those that are new to life drawing (nude model) or those that are a bit rusty. Learn to see shape and light more objectively, as well as exploring the different conventional drawing media. A little previous experience of drawing is recommended.

**Saturday – Portraiture Workshop****S59** | **M** | £32.65/£30.65/£26.15 | **10 June 10.00 – 4.00pm**

Spend a day drawing or painting the face from a live model, with plenty of guidance. You may use any medium you are familiar with.

**NO FORMAL TUTORIAL PROVIDED****Drop in and Draw****DD** | **M** | £10.00 | **Every Friday 10.00 – 1.00pm** | **Term time only**

Life Drawing drop in sessions with a model provided. So just come along with your materials and get drawing. Limited spaces, first come first serve. No entry after 10am.

**LESLEY TRUSSLER****Life Drawing: Mixed Ability****A8** | **M** | £132.60/£124.60/£106.60 | **Monday 7.45 – 9.45pm** | starts **24 April**

This ten week life drawing course is aimed at those with some experience, though beginners are also welcome. Various techniques and approaches will be offered and lots of assistance given if needed.

TERM DATES  
22 APRIL – 8 JULY  
—  
HALF TERM  
29 MAY – 2 JUNE

**SARAH KELLY** **Art History: Art in the 18th Century**  
**NEW A9** | £104.00/£96.00/£78.00 | **Thursday 2.30 – 4.30pm** | starts **27 April**

The century of the French Revolution and David's austere neo-classicism and also of Tiepolo's decorative frolics and Gainsborough's fancy pictures. During this course, we will explore a great range of images from sad clowns to Roman heroes and picturesque beggars. No prior knowledge required.

**JENNY MIZEL** **Acrylic Painting**  
**A10** | **M** | £104.00/£96.00/£78.00 | **Monday 10.30 – 12.30pm** | starts **24 April**

This course is for those returning to painting or just starting out. Experiment with the many techniques and uses of acrylic paint, improve your skills and explore new ideas with this incredibly versatile medium.

**Exploring Drawing**  
**A11** | **M** | £52.00/£48.00/£39.00 | **Tuesday 1.30 – 3.30pm** | starts **6 June**

Find exciting ways of drawing through different methods of observation and using a variety of materials such as charcoal and inks. In this five week course explore line, tone and composition and how to combine them. All welcome.

**Experimental Art**  
**A12** | **M** | £117.00/£108.00/£87.75 | **Wednesday 10.30 – 12.45pm** | starts **26 April**

**A13** | **M** | £104.00/£96.00/£78.00 | **Thursday 5.30 – 7.30pm** | starts **27 April**  
This course is for those wanting to free up and experiment. Explore different techniques and media including simple printmaking, collage, acrylic paint, inks and more. Create some self-directed art under the guidance of the tutor. All welcome.

**Saturday – Charcoal and Pastels Workshop**  
**S32** | £30.00/£28.00/£23.50 | **20 May 10.00 – 4.00pm**

This workshop will give you the opportunity to explore the drama of charcoal and the vibrant colour of pastels. It is ideal for absolute beginners and those with some experience. All materials are provided.

**Saturday – Acrylic Painting Workshop**  
**S67** | £30.00/£28.00/£23.50 | **17 June 10.00 – 4.00pm**

Here's an opportunity to experiment with acrylic paint, to discover new techniques and your own creativity. Enjoy the colour, texture and tone possible with this versatile medium and gain confidence with the guidance of a friendly tutor. All levels welcome and all materials provided.

**WARREN SEALEY** **Oil Painting for Beginners**  
**NEW A14** | **M** | £108.80/£104.80/£82.80 | **Wednesday 7.45 – 9.45pm** | starts **26 April**

Oil painting course for beginners and those with a little oil painting practice. We will look at the basics of oil painting including tonal values, colour mixing, painting procedures and some technical elements such as when to use oil mediums and lots more besides. Subjects will include still-life, landscape and portrait painting.

**Saturday – Oil Painting Workshop**  
**S97** | **M** | £26.50/£24.50/£20.00 | **8 July 10.00 – 4.00pm**

We will be looking at the factors that make up a still-life painting like composition, colour, drawing, tone values etc. Still-life is a great subject for beginners to get into oil painting. Please bring your materials.

**M**  
CALL OR VISIT OUR  
WEBSITE FOR A  
MATERIALS LIST

**MARILYN MILLARD** **Learn to Draw**  
**A15** | **M** | £145.00/£135.00/£112.50 | **Monday 10.00 – 12.30pm** | starts **24 April**

An excellent course, developed to encourage beginners and improvers who want to learn the invaluable techniques of line, tone, proportion and perspective over a wide range of subjects. Suitable for all.

**Painting in Watercolour**  
**A16** | **M** | £145.00/£135.00/£112.50 | **Monday 1.30 – 4.00pm** | starts **24 April**

Enjoy painting easy step by step projects and develop both skills and confidence in using watercolour. Guided by an experienced tutor in a friendly atmosphere. All levels welcome.

**Landscapes in Watercolour**  
**A17** | **M** | £85.50/£79.50/£66.00 | **Wednesday 10.00 – 1.00pm** | starts **26 April**

**A18** | **M** | £85.50/£79.50/£66.00 | **Wednesday 10.00 – 1.00pm** | starts **7 June**  
Enjoy learning to paint a variety of beautiful scenes. You will be guided to produce a range of works and develop your painting skills. All levels welcome, but primarily aimed at those with some watercolour experience. Two five week courses.

**Botanical Painting**  
**A19** | **M** | £86.00/£80.00/£66.50 | **Thursday 10.00 – 1.00pm** | starts **27 April**

**A20** | **M** | £86.00/£80.00/£66.50 | **Thursday 10.00 – 1.00pm** | starts **8 June**  
Enjoy painting beautiful flowers from observation. An inspiring course that gives step by step techniques in using watercolour. Two five week courses. All Levels welcome.

**NEW** **Sketching in Watercolour**  
**A21** | **M** | £85.50/£79.50/£65.50 | **Thursday 2.00 – 5.00pm** | starts **27 April**

**A22** | **M** | £85.50/£79.50/£65.50 | **Thursday 2.00 – 5.00pm** | starts **8 June**  
Learn to draw in pencil and pen, combined with painting to capture various subjects in easy step by step lessons. Ideal for beginners in a relaxed and friendly atmosphere with plenty of guidance. Two five week courses.

**Saturday – Botanical Painting Workshop**  
**S22** | **M** | £29.50/£27.50/£23.00 | **13 May 10.00 – 4.00pm**

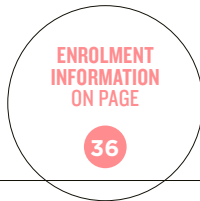
Spend the day drawing and painting flowers in watercolour. With guidance from an experienced tutor in a relaxing atmosphere. All abilities welcome.

**Saturday – Landscapes in Watercolour Workshop**  
**S77** | **M** | £29.50/£27.50/£23.00 | **24 June 10.00 – 4.00pm**

Have you ever wanted to paint inspiring landscapes? This workshop is an excellent way to develop your watercolour skills in a welcoming environment. Suitable for all abilities.

**MARTIN LOVELL** **The Versatility of Watercolour**  
**A23** | **M** | £117.00/£108.00/£87.75 | **Thursday 10.30 – 12.45pm** | starts **27 April**

This class is for those with some experience and will respond to the needs and interests of the individual. Students will be given the opportunity to draw and paint from images and real life in order to produce effective work and develop skills. Other water soluble media may be introduced to extend experimentation and technique.

**MARTIN LOVELL** **Painting Projects: Multi-level**CONTINUED **A24** | **M** | £127.00/£118.00/£97.75 | **Thursday 2.00 – 4.15pm** | starts **27 April**

This course will help you to develop your confidence and your own approach when working with different media and processes, often from a shared starting point. Exploration of collage, drawing mediums and paint including acrylic and watercolour.

**SARAH GRICE** **Exploring Illustration****A25** | **M** | £118.00/£110.00/£92.00 | **Thursday 7.45 – 9.45pm** | starts **27 April**

This comprehensive course will explore key themes of illustration such as character and composition and experiment with a range of techniques. Practice your illustration skills and build confidence. All welcome.

**Saturday – Illustrative Life Drawing****S40** | **M** | £26.90/£25.70/£23.00 | **27 May 10.00 – 1.00pm**

An exciting half day workshop which is suitable for anyone with previous life drawing experience. Drawing directly from a model/actor students will be guided through a mixture of short and long poses, focusing on capturing character through body language and expression.

**Saturday – Think Pen and Ink****S81** | **M** | £31.00/£29.00/£24.50 | **24 June 10.00 – 4.00pm**

Experiment and work with dip pen and ink, tonal and colour washes. For beginners and the more experienced alike. Discover why this traditional illustration method is so widely used and still popular with both traditional and contemporary illustrators alike.

**GORDY WRIGHT** **Digitally Exploring Illustration****A26** | **M** | £52.00/£48.00/£39.00 | **Thursday 7.45 – 9.45pm** | starts **27 April**

Have fun exploring the world of illustration; find out how you can endlessly expand your creative possibilities by developing your digital skills and learning new techniques in Photoshop. You will be able to use your own imagery, photographs/drawings. Beginners welcome. A five week course.

**CHRIS HALLS** **Complete Figure Drawing and Anatomy****A27** | **M** | £52.00/£48.00/£39.00 | **Thursday 7.45 – 9.45pm** | starts **8 June**

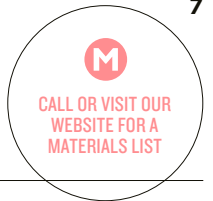
For beginners, this five week course will provide students with a complete understanding of simplified anatomy for the human form that can be applied to many other practises, such as life drawing, portraiture, illustration, animation and sculpture. Learn to draw the body correctly in proportion and move it in 3-dimensions.

**Saturday – Figure Drawing and Anatomy: The Basics****S49** | **M** | £28.00/£26.00/£21.50 | **3 June 10.00 – 4.00pm**

This workshop will provide the artist with techniques to draw the full human figure correctly in proportion. You will learn to break down anatomy into 3-dimensional forms and gain an essential skill to apply to many other art practises. For beginners.

**Saturday – Figure Drawing and Anatomy: The Head and Hands****S93** | **M** | £28.00/£26.00/£21.50 | **8 July 10.00 – 4.00pm**

Learn to draw the head and hands correctly in proportion as well as comprehensive understanding of them in 3-dimensional form. Expressions, perspective and anatomy will be covered.

**JOHN REA** **Improve your Cartooning****A28** | **M** | £52.00/£48.00/£39.00 | **Thursday 7.45 – 9.45pm** | starts **8 June**

Continue to develop your ability to draw cartoons. We will consider approaches to storytelling and ways to make your drawing more dynamic. Suitable for anyone with reasonable confidence in their cartooning. A five week course.

**Saturday – Introduction to Cartooning****S84** | **M** | £26.00/£24.00/£19.50 | **1 July 10.00 – 4.00pm**

Explore cartooning both as an art form and means of self expression. Draw cartoon characters using a variety of techniques. Subjects covered include faces and expressions, body shapes and postures, lettering, and cartoon language. Suitable for all ages and abilities.

**ROMA WIDGER** **Etching****A29** | **M** | £112.00/£104.00/£86.00 | **Tuesday 5.30 – 7.30pm** | starts **25 April**

Etching for beginners and improvers. You will receive tuition in the basic techniques and guidance in making personal projects. No prior knowledge is required, just an interest in printmaking.

**Saturday – Drawing for Beginners****S7** | £31.00/£29.00/£24.50 | **29 April 10.00 – 4.00pm**

This workshop is designed for complete beginners and will introduce students to mark-making, perspective, tone, and composition. We will look at figures, landscape and structures as subjects. All materials are included and everyone is welcome.

**Saturday – Drawing for Improvers****S48** | £31.00/£29.00/£24.50 | **3 June 10.00 – 4.00pm**

Extend your drawing skills and develop a transferable skill. In this one day workshop we will look to improve your technique, use new materials and enjoy fresh subjects. All materials provided, just turn up and enjoy. Everyone with some drawing experience welcome.

**KERRY DAY** **Lino Printing****A30** | **M** | £119.00/£111.00/£93.00 | **Tuesday 2.00 – 4.00pm** | starts **25 April****A31** | **M** | £119.00/£111.00/£93.00 | **Wednesday 5.30 – 7.30pm** | starts **26 April**

Learn the wonderful art of lino cutting or refresh your skills. Translate your ideas into prints, using Japanese style cutting tools. Learn the basics of lino cutting, registration methods and colour work. Learn to bring tone and texture to your work with hand burnishing techniques as well as printing with a press.

**Saturday – Introduction to Lino Printing****S50** | **M** | £36.00/£34.00/£29.50 | **3 June 10.00 – 4.00pm**

Learn the basics of lino cutting printing, covering a variety of cutting methods and hand printing techniques. Lino cuts are a dramatic yet simple printmaking technique that can be used at home without any expensive equipment.

**Saturday – Lino Printing onto Fabric****S69** | **M** | £36.00/£34.00/£29.50 | **17 June 10.00 – 4.00pm**

In this workshop you will create repeated patterns onto fabric using the block printing method, a relief printing technique using lino, foam, erasers, card and other unusual objects as your printing block.



ARTS CONTINUED

TERM DATES  
22 APRIL – 8 JULY  
—  
HALF TERM  
29 MAY – 2 JUNE

JUSTYNA MEDON **Creative Fabric Printing**

**A32** | **M** | £62.00/£58.00/£49.00 | **Tuesday 7.45 – 9.45pm** | starts **6 June**  
Turn your sketches and drawings into textile patterns. You'll be working with collage, using photographs, drawings, mono-printing with acrylics, silk screen and stencils, to produce your repeat patterns. This course will be a chance to explore how repeated designs can bring fabrics to life. Suitable for beginners and all levels. A five week course.

**Saturday – Illustrating Bristol – Poster Design**

**S2** | **M** | £36.00/£34.00/£29.50 | **22 April 10.00 – 4.00pm**  
Explore printmaking techniques to create an unique one off poster inspired by Bristol, by using stencil cut-outs, silk screen techniques, pattern and photography. Learn skills to produce your design in a variety of colours.

SOPHIE RAE **Creative Printmaking**

**A33** | **M** | £62.00/£58.00/£49.00 | **Tuesday 7.45 – 9.45pm** | starts **25 April**  
Have fun and get creative with printing techniques using hand-cut paper stencils. The course will take you through how to complete a detailed multi-layered print and will give you time to play and experiment. You will learn skills you can take away and continue to use at home. For everyone, including beginners. A five-week course.

**Saturday – Monoprinting Workshop**

**S57** | **M** | £30.00/£28.00/£23.50 | **10 June 10.00 – 4.00pm**  
Let go of control, with this experimental process. Create different marks with a roller on a re-printable block and transfer this onto paper for a print with unique translucency and layers. You can use different materials, to create surprising and satisfying results.

## PHOTOGRAPHY

*Our brand new darkroom facilities at the Folk House are open to members and non-members to use during the week. We also run a series of courses and workshops throughout term time, run by our professional team of photographers. We have 7 black and white enlargers 35mm up to large format, film developing facilities, print finishing, technical support and chemistry. Please see page 10 for more details.*

GRAHAM PARISH **Using your Digital Camera: Beginners**

**A34** | **M** | £78.00/£72.00/£58.50 | **Thursday 10.00 – 1.00pm** | starts **27 April**  
**A35** | **M** | £52.00/£48.00/£39.00 | **Thursday 5.30 – 7.30pm** | starts **27 April**  
In these five week courses we will look at all aspects of digital photography using step-by-step methods and weekly projects. Learn how to use camera controls effectively and explore concepts such as depth of field, macro and long exposures. Suitable for DSLR, Bridge & CSC cameras.

PHOTOGRAPHY CONTINUEDGRAHAM PARISH **Using your Digital Camera: Improvers**

**CONTINUED** **A36** | **M** | £78.00/£72.00/£58.50 | **Thursday 10.00 – 1.00pm** | starts **8 June**  
**A37** | **M** | £52.00/£48.00/£39.00 | **Thursday 5.30 – 7.30pm** | starts **8 June**

If you have gained some confidence and an understanding of the basic controls of your DSLR, Bridge or CSC camera, now you can improve your skills even more. We'll look at advanced lighting techniques image manipulation, shooting in Raw, camera filters, social networks. Two five week courses.

**Saturday – Using your Digital Camera Workshop**

**S10** | **M** | £26.00/£24.00/£19.50 | **29 April 10.00 – 4.00pm**  
**S53** | **M** | £26.00/£24.00/£19.50 | **3 June 10.00 – 4.00pm**

Get away from just using the auto button and take your photography to the next level. Getting to grips with apertures, shutter speeds, depth of field, ISO and composition will allow you to take better pictures. It is suitable for DSLR, Bridge and CSC. For auto compacts (point and shoot) see below.

**Saturday – Using your Compact Camera Workshop**

**S35** | **M** | £26.00/£24.00/£19.50 | **20 May 10.00 – 4.00pm**

Learn how to get the best from your digital auto compact camera - after all it's not the camera that takes a great shot but the person behind it! We will look at photographic elements like composition and we will also go outside for some practical tuition. At the end of the day you will have gained confidence and competence with your camera. Not suitable for DSLR, Bridge or CSC camera's.

LEE **Saturday – Intro to Photoshop/Lightroom for Photographers**

**SPENCER-FLEET** **S94** | **M** | £31.00/£29.00/£24.50 | **8 July 10.00 – 4.00pm**

Discover how to review and enhance your digital photographs. Get expert advice and explore a range of techniques to gain confidence with quick results. Please bring a laptop with Photoshop (and Bridge) or Lightroom installed. For a free trial of software see the link on our website.

CHRIS WALLER **Introduction to Black and White Film Photography**

**A38** | **M** | £154.00/£144.00/£121.50 | **Wednesday 6.30 – 9.00pm** | starts **26 April**

This practical course will introduce the beginner to film photography. Covering film types, film speed, camera controls, film processing, making contact sheets and printing from black-and-white negatives. Starting with the basics and exploring more advanced techniques. Bring your own camera and 35mm or 120 roll-film.

**Saturday – Black-and-White Film Developing**

**S13** | **M** | £36.00/£34.00/£29.50 | **6 May 10.00 – 4.00pm**

Shoot a black-and-white film in advance (Ilford HP5 Plus) and bring this along to the session. In this class you will develop a black-and-white film, make negatives and then make a contact sheet. No previous darkroom experience necessary.

**Saturday – Black-and-White Film Printing**

**S47** | **M** | £36.00/£34.00/£29.50 | **3 June 10.00 – 4.00pm**

In this one day class you will print your own negatives. Learn how to make a basic black-and-white print, then how to enhance the print using various printing techniques. Please bring your own B & W negatives (35mm or 120) to print. All welcome.

## BRISTOL FOLK HOUSE



# DARKROOM

*The Bristol Folk House has a brand new, purpose built wet-based photography facility which offers a programme of brand new exciting traditional photography courses and workshops throughout the year.*

## DARKROOM FACILITIES\*

- Seven black and white enlargers 35mm/ medium/large format
- Black and white film development facilities
- Print finishing facilities
- Technical support and chemistry

## MEMBERSHIP

Becoming a member gives you greater flexibility and the following benefits:

- Six days per week availability, including four evenings during the week and some Saturdays exclusively for members
- Discounted session rates

## MEMBER FEES

12 Months - £40  
6 Months - £30

## SESSION FEES

£15 per session for Members  
£20 per session for Non-Members

## BOOKINGS

Please book darkroom sessions in advance to ensure access to the equipment. All darkroom users share the work space and must use the enlarger they have booked. For more information or to book please ring 0117 926 2987 or email [darkroom@bristolfolkhouse.co.uk](mailto:darkroom@bristolfolkhouse.co.uk)

## ROOM HIRE

If you would like to run your own workshop or one-to-one teaching sessions in our darkroom or hire the facility for a team building day, please contact: [darkroom@bristolfolkhouse.co.uk](mailto:darkroom@bristolfolkhouse.co.uk).

\*YOU MUST BE 18 OR OVER TO BECOME A MEMBER OR TO USE THE DARKROOM IN ANY CAPACITY

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CALL OR VISIT OUR  
WEBSITE FOR A  
MATERIALS LIST

## PHOTOGRAPHY CONTINUED

### WENDY LEOCQUE **Assisted Darkroom Sessions**

**AA** | Prices may vary | *Times may vary*

For those who have basic understanding and practical experience of using a darkroom, but would prefer some assistance during their sessions. There will be no formal tuition, instead the sessions will be led by the user. There will be someone on hand to answer your questions and to help with any techniques. You will need to bring your own paper, as required for your usual darkroom booking. To book a session email: [darkroom@bristolfolkhouse.co.uk](mailto:darkroom@bristolfolkhouse.co.uk)

#### **Saturday – Have a go Darkroom Taster**

**S31** | **M** | £19.60/£18.40/£15.70 | **20 May** 10.00 – 1.00pm

Learn how use an enlarger and photographic chemicals to traditionally print your own negatives. Please bring your own black and white negatives to print from. No darkroom experience necessary for this course.

### ELLA BRYANT **Saturday – Surrealist Photography**

**S90** | **M** | £40.00/£38.00/£33.50 | **1 July** 10.00 – 4.00pm

Drawing inspiration from the work of Bill Brandt, Francesca Woodman and Man Ray, participants will create their own hand printed surrealist photographs. Participants will use negatives of the body together with unusual objects to construct their images. Participants will experiment with printing up their images using Cyanotype and Van Dyke photographic print processes.

### MARTYN GRIMMER **Photography Gum-bichromate Introduction**

**A39** | £108.00/£102.00/£88.50 | **Thursday** 6.00 – 9.00pm | *starts 27 April*

Learn the historic processes of gum bichromate and cyanotype printing. These photographic processes are a great introduction to alternative photography. The two techniques can be combined to create remarkably beautiful images.

### RACHEL SOKAL **Saturday – Cyanotype Printing Workshop**

**S23** | **M** | £36.00/£34.00/£31.00 | **13 May** 10.00 – 4.00pm

Cyanotype is an historical photographic printing technique which creates gorgeous Prussian Blue prints simply by using sunlight. In this fun workshop you will discover this creative technique, print your own photos, illustrations and collages, then learn how to carry on at home. No experience needed.

#### **Saturday – Three Alternative Photographic Processes**

**S60** | **M** | £37.50/£35.50/£21.00 | **10 June** 10.00 – 4.00pm

Throw the field of photography wide open with techniques you can do at home. Make your own fully functioning reusable camera out of a matchbox, print instant colour images in daylight using recycled black and white photographic paper and create delicate photos made from crushed leaves and sunlight. No experience necessary.

### BENJAMIN JONES **Saturday – An Introduction to Fibre Based Printing**

**NEW** **S70** | **M** | £43.00/£41.00/£36.50 | **17 June** 10.00 – 4.00pm

Fibre based papers are the natural progression from resin coated. They provide a more diverse range of finishes and yield a distinctive step up in quality. Fine tonal details are rendered and their is a tangible difference in feel due to the increased thickness of their paper. This course will offer an introduction so you feel confident to introduce it into everyday work.

ALL WEEKLY COURSES ARE 10 WEEKS LONG UNLESS STATED OTHERWISE – NO CLASSES DURING HALF TERM

## CRAFTS



**FAITH MORTON** **Saturday – Natural DIY Spa Day**  
**S58** | £38.00/£36.00/£31.50 | **10 June** 10.00 – 4.00pm

Learn how to make and take home a variety of natural beauty care products such as fresh spring bath bombs, clay face masks, sugar scrub for the body, lip balm, hand salve and avocado face cream. All materials are provided.

**LESLEY SCARFE** **Stained Glass**  
**C1** | **M** | £72.00/£68.00/£59.00 | **Friday** 10.00 – 12.30pm | starts **28 April**  
**C2** | **M** | £72.00/£68.00/£59.00 | **Friday** 10.00 – 12.30pm | starts **9 June**

These two five week courses are for anyone interested in learning all the techniques involved with cutting glass, preparing and cutting lead, soldering panels together, finishing off with cement and polishing. Beginners are welcome.

**Saturday – Stained Glass Taster Day**  
**S5** | **M** | £41.00/£39.00/£34.50 | **22 April** 10.00 – 4.00pm

A taster session, with a chance to try all the techniques used in creating a small leaded glass panel, to include glass cutting, leading, soldering and finishing. All tools, lead and glass are provided.

**Saturday – Stained Glass Mirror Taster Day**  
**S45** | **M** | £41.00/£39.00/£34.50 | **27 May** 10.00 – 4.00pm

Make a small stained glass mirror, learning and using traditional techniques of glass cutting, leading, soldering and finishing. All tools, lead and glass are provided.

**ANGELA MORRIS** **Saturday – Interior Design Workshop**  
**S24** | **M** | £27.50/£25.50/£21.00 | **13 May** 10.00 – 4.00pm

This hands-on workshop will explore some of the secrets of designing inspiring interiors. Learn how colour, pattern and texture can enhance a room. Discover how to produce a successful room layout, and create an inspiring mood board of ideas.

**FRANKIE HUDSON** **Saturday – Mosaic Workshop**  
**S8** | **M** | £41.00/£39.00/£34.50 | **29 April** 10.00 – 4.00pm  
**S33** | **M** | £41.00/£39.00/£34.50 | **20 May** 10.00 – 4.00pm

A busy day introducing various ways to create a mosaic, with several different alternatives to try out for yourselves. You will also have the opportunity of creating a small panel to take home with you. Cutting tools and a variety of materials provided.

**DANIEL BENDEL** **Beginners Woodcarving Course**  
**C3** | £57.00/£53.00/£44.00 | **Thursday** 10.30 – 12.30pm | starts **27 April**  
**C4** | £57.00/£53.00/£44.00 | **Thursday** 10.30 – 12.30pm | starts **8 June**

For beginners wanting to make a small, simple shaped sculptural carving. Come with an idea in mind and I will show you the sculptural and carving techniques that will make your idea. For new carvers this course will provide support to help you develop an idea. All tools, and materials provided. Two five week courses.

**Saturday – Letter Cutting Wood Workshop**  
**S86** | **M** | £34.00/£32.00/£27.50 | **1 July** 10.00 – 4.00pm

A one day course where you can learn to make incised lettering in wood for your house or door or for a personal plaque. A step by step course using chisels, and gouges.

## CRAFTS CONTINUED



**WILL ST CLAIR** **Saturday – Spoon Carving Workshop**  
**S19** | £38.00/£36.00/£31.50 | **6 May** 10.00 – 4.00pm

You will learn safe, effective techniques for using the straight knife and the hook knife as well as the basics of axe carving. Get an understanding of how to navigate through the complex 3D shape, and how to put your knife to best use on each part of the spoon.

**SARAH EDWARDS** **Saturday – Willow Squirrel Sculpture Workshop**  
**NEW S54** | **M** | £41.00/£39.00/£35.50 | **3 June** 10.00 – 4.00pm

Discover the creative potential of willow, learn the basic techniques and then weave your own squirrel to take home. Ideal for beginners or improvers.

**Saturday – Willow Basket Making Workshop**  
**S82** | **M** | £41.00/£39.00/£35.50 | **24 June** 10.00 – 4.00pm

Weave a fabulous berry basket from locally sourced willow, perfect for collecting homegrown produce, foraging or a stylish eco-friendly option for popping to the shops. All welcome.

**LOUISE BASTOW** **Saturday – Gathered and Foraged Posy Making Workshop**  
**S1** | **M** | £28.00/£27.00/£24.75 | **22 April** 10.00 – 12.30pm

Be led by the seasons, you will use garden foliage, wild material from hedgerows and woods, together with blooms from nearby flower farms. Go home with a beautiful hand tied posy to be proud. Open to any level of experience.

**Saturday – Gathered and Foraged Table Centre Arrangement**  
**S6** | **M** | £28.00/£27.00/£24.75 | **22 April** 1.30 – 4.00pm

Learn how to make a beautiful table centre to decorate your home. Combine seasonal treats with foliage to make your own unique, beautiful arrangement. All welcome.

**KIM THOMSON** **Jewellery: Silversmithing Techniques**  
**C6** | **M** | £134.00/£126.00/£108.00 | **Monday** 5.30 – 7.30pm | starts **24 April**  
**C7** | **M** | £134.00/£126.00/£108.00 | **Monday** 7.45 – 9.45pm | starts **24 April**  
**C8** | **M** | £134.00/£126.00/£108.00 | **Wednesday** 7.45 – 9.45pm | starts **26 April**

Learn how to file, drill, form, anneal, pattenat, texture, solder and polish metals such as copper and silver. In fact, everything you need to make your own jewellery. You will then work from your own designs with plenty of guidance from the tutor. Copper and brass are included in the course fees.

**Saturday – Silver Ring in a Day**  
**S72** | **M** | £51.00/£49.00/£44.50 | **17 June** 10.00 – 4.00pm  
**S98** | **M** | £51.00/£49.00/£44.50 | **8 July** 10.00 – 4.00pm

Learn how to form metals into a ring band and add embellishments with textures, hand cut shapes and ready made settings. You will learn techniques such as cutting, filing, forming, soldering and polishing metals as well as how to use a variety of tools.

**NEW** **Saturday – Silver Pendant in a Day**  
**S89** | **M** | £51.00/£49.00/£44.50 | **1 July** 10.00 – 4.00pm

Learn how to form metals into a pendant and add embellishments with textures, hand cut shapes and ready made settings. You will learn techniques such as cutting, filing, forming, soldering and polishing metals as well as how to use a variety of tools.



## CRAFTS CONTINUED

TERM DATES  
22 APRIL – 8 JULY  
—  
HALF TERM  
29 MAY – 2 JUNE

**JESSICA MELVILLE-BROWN** **Saturday – Introduction to Enamelling**  
**S14** | **M** | £36.00/£34.00/£29.50 | **6 May** 10.00 – 4.00pm

In this hands on workshop discover the ancient craft of enamelling – the fusion of glass, copper and fire. All the pieces you create are fired in the kiln throughout the workshop, and are ready for you to take home at the end of the day.

**LESLEY ROPER** **Beadwork**  
**C5** | **M** | £104.00/£96.00/£78.00 | **Tuesday** 10.00 – 12.00pm | starts **25 April**  
Learn the basic stitches and techniques needed to produce a variety of decorative objects (mostly jewellery), and eventually work on your own projects.

**BARBARA BOULTON** **Saturday – Knitting Loom**  
**S36** | **M** | £21.10/£19.90/£17.20 | **20 May** 10.00 – 1.00pm  
If you think you can not knit or if you are a knitter who is now restricted due to hand or wrist problems, welcome to the knitting loom. We shall make a babys hat; the skill will take a few minutes to master and will introduce you to the pleasures of the loom.

**Saturday – Kumihimo Braid Making**  
**S83** | **M** | £24.60/£23.40/£20.70 | **1 July** 10.00 – 1.00pm  
Japanese craft of braiding with over 1500 years of history. Used by both Samurai and Buddhist monks as decoration. Braids have many uses: bracelets, necklaces, belts, handles for handbags, for interior design. Learn the basic craft and make a bracelet.

**SHIRLEY DOWNEY** **Knitting and Crochet**  
**C9** | **M** | £52.00/£48.00/£39.00 | **Tuesday** 7.00 – 9.00pm | starts **6 June**  
You will learn about basic stitches, patterns, skills, yarns, equipment and how to read a pattern in this five week course. Why buy something when you can make something better? Get creative and learn to knit. Everyone welcome.

**Saturday – Knitting and Crochet Workshop**  
**S15** | **M** | £26.00/£24.00/£19.50 | **6 May** 10.00 – 4.00pm  
This is open to beginner and intermediate level knitters and crocheters, with tips and tricks tailored to each student's own experience. You will be supported and shown techniques to get you going with your own creative crochet and/or knitting projects.

**Saturday – Crochet Squares and Blankets**  
**S76** | **M** | £26.00/£24.00/£19.50 | **24 June** 10.00 – 4.00pm  
Learn how to make a variety of crochet squares - the basis of beautiful blankets and throws. From the basic granny square we will progress to uses of colour and lace and joining techniques. You will produce a couple of squares, depending on skill.

**RHYANNAN HALL** **Saturday – Shibori Workshop**  
**S4** | **M** | £36.90/£34.85/£30.00 | **22 April** 10.00 – 4.00pm  
This hands on workshop is an introduction to the ancient Japanese art of Shibori Dying. Using stitches to create shape and resist the cloth against itself, shibori is known as 'memory on cloth'. We will experiment with different techniques and fabrics.

**Saturday – Natural Dye Workshop**  
**S16** | **M** | £41.00/£39.00/£34.50 | **6 May** 10.00 – 4.00pm  
Explore different techniques of dyeing fabrics with natural products you can find in your garden or local supermarket. A mixture of theory, sourcing ideas and practical experiments. Learn tips and tricks to take home.

## CRAFTS CONTINUED

GIFT VOUCHERS ARE  
AVAILABLE FOR ALL  
COURSES AND  
WORKSHOPS

**RHYANNAN HALL** **Saturday – Indigo Workshop**  
**S46** | **M** | £25.60/£24.40/£21.70 | **27 May** 1.30 – 4.30pm

**CONTINUED** **NEW** Indigo is a distinctive blue colour and among the oldest natural dyes to be used for textile dyeing. The technique for using indigo is unique. This is an opportunity to get to grips with the basics of dyeing with indigo.

**LUCY BRYANT** **Introduction to Batik**  
**C10** | **NEW** | £69.30/£65.30/£56.30 | **Wednesday** 1.30 – 3.30pm | starts **26 April**  
Batik is creative medium using wax and dyes. In this course you will have a chance to learn how to make your own beautiful batiks fabrics and explore using traditional tools and methods. A five week course.

**MARGARET CRUMP** **Sewing for Beginners**  
**C11** | **NEW** | **M** | £119.00/£111.00/£93.00 | **Friday** 11.00 – 1.00pm | starts **28 April**  
Learn about fabrics, basic cutting, stitching, different seams and how to use a sewing machine to create some practical and decorative items. Later in the term you will be able to follow a pattern to create basic garments.

**KAREN REILLY** **Sewing for Beginners**  
**C12** | **M** | £119.00/£111.00/£93.00 | **Thursday** 5.30 – 7.30pm | starts **27 April**  
**C13** | **M** | £119.00/£111.00/£93.00 | **Thursday** 7.45 – 9.45pm | starts **27 April**  
An introduction to the art of basic sewing. You will learn about fabrics, basic cutting, stitching, different seams and how to use a sewing machine. By the end of the course you will have some finished products, such as cushions or purses. Limited spaces.


**Dressmaking**  
**C14** | **M** | £119.00/£111.00/£93.00 | **Monday** 5.30 – 7.30pm | starts **24 April**  
**C15** | **M** | £119.00/£111.00/£93.00 | **Monday** 7.45 – 9.45pm | starts **24 April**  
**C16** | **M** | £119.00/£111.00/£93.00 | **Tuesday** 2.00 – 4.00pm | starts **25 April**  
**C17** | **M** | £119.00/£111.00/£93.00 | **Tuesday** 5.30 – 7.30pm | starts **25 April**  
**C18** | **M** | £119.00/£111.00/£93.00 | **Tuesday** 7.45 – 9.45pm | starts **25 April**  
Come and make your own clothes. You will learn the art of reading a pattern, cutting, making, stitching and how to get the best from your sewing machine. Previous experience of machine sewing is needed for this exciting course. Limited spaces.

**Saturday – Sewing Surgery**  
**S44** | **M** | £26.00/£24.00/£19.50 | **27 May** 10.00 – 4.00pm  
Have you come unstuck with your latest sewing project? Need to put the finishing touches on your textile masterpiece? Spend a day working on your own projects under the expert guidance of Karen Reilly. Just bring along your projects.

**Saturday – Sew a Bag in a Day**  
**S71** | **M** | £26.00/£24.00/£19.50 | **17 June** 10.00 – 4.00pm  
Suitable for complete beginners. You will go home with a lovely bag. We start by getting to grips with a sewing machine and then go on to make a bag in contrasting fabrics with a zipped inner pocket. You will need to pre-cut the fabric before the class. See website for details.

CRAFTS CONTINUEDLORRAINE JOSEPH **Dressmaking****C19** |  | £119.00/£111.00/£93.00 | **Wednesday 5.30 – 7.30pm** | starts **26 April****C20** |  | £119.00/£111.00/£93.00 | **Wednesday 7.45 – 9.45pm** | starts **26 April**

Come and make your own clothes! You will learn the art of reading a pattern, cutting, making, stitching and how to get the best from your sewing machine. Previous experience of machine sewing is needed for this exciting course.

**Saturday – Sewing for Beginners Workshop****S3** |  | £31.00/£29.00/£24.50 | **22 April 10.00 – 4.00pm****S80** |  | £31.00/£29.00/£24.50 | **24 June 10.00 – 4.00pm**

Get to grips with a sewing machine in this fun workshop. Learn how to thread and use a machine, create button holes and put in zips - plus lots of tips and tricks! Then practice your new skills by making a cushion and purse. Suitable for beginners or those looking to improve their skills.

## POTTERY

*We have a well-established Pottery Studio and a team of professional Potters with a wide range of expertise and skills in the technology of ceramics, glazing materials, design and processes. We use smooth white stoneware clay, Crank (Raku type clay) and Earthenware. Our facilities include 7 electric wheels and a kick wheel, 2 large kilns and a test kiln, damp-store, extruder, slab roller, various plaster moulds, decorative slips, underglazes, glazes and more.*

STEVE CARTER **Pottery Day Studio****P1** | £367.50/£346.50/£299.25 | **Monday 10.00 – 4.15pm** | starts **24 April**

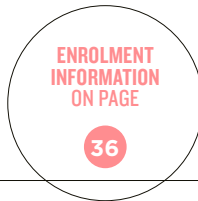
This course is for students of all levels with the aim of enjoying the practice and appreciation of ceramic art and craft. Working through mainly self directed projects you can explore and develop ideas and approaches using different techniques in hand building, throwing on the wheel and with surfaces and glazes.

**Saturday – Pottery Taster: Throwing Cups, Jugs and Bowls****S18** | £36.00/£34.00/£29.50 | **6 May 10.00 – 4.00pm**

Have you always wanted to try using the potters wheel? This is a great chance to see how it is for you. A day learning to throw (and apply handles to) cylinder and cone based hollow ware forms. We will fire and glaze your pots ready for collection over the following weeks.

**NEW Saturday – Pottery Taster: Delicious Dishes****S34** | £36.00/£34.00/£29.50 | **20 May 10.00 – 4.00pm**

Rustic pottery serving wares can be fun and appetising themselves. Enjoy using “primitive” clay forming techniques to make your own unique, platter, olive dish and serving bowls – discovering a world where food & pottery go hand in hand. All levels welcome.

POTTERY CONTINUEDSAM HALLETT **Pottery Day Studio****P2** | £175.00/£165.00/£142.50 | **Tuesday 10.00 – 4.00pm** | starts **25 April****P3** | £175.00/£165.00/£142.50 | **Tuesday 10.00 – 4.00pm** | starts **6 June**

An opportunity for makers with some experience to enhance and develop their skills and for those new to clay to try techniques in self directed projects. A chance to practice throwing on the wheel, construction and surface decoration using a variety of methods. Two five week courses.

**Pottery Multi-level****P4** | £210.00/£198.00/£171.00 | **Tuesday 6.30 – 9.30pm** | starts **25 April**

This longer session gives you the opportunity to work on your own projects, progress your skills and learn new techniques and ideas. Students of all skill levels are welcome.

MARGARET CRUMP **Pottery – Beginners****P5** | £140.00/£132.00/£114.00 | **Wednesday 7.45 – 9.45pm** | starts **26 April**

This is a course that will help you to combine your enthusiasm and creativity with a sound foundation of the several techniques of handbuilding pottery. During the second part of the course you can take up the challenge of using the potter's wheel, complete extended handbuilding projects and use clay as a sculptural medium.

**Pottery – Beginners Extended****P6** | £175.00/£165.00/£142.50 | **Wednesday 10.00 – 12.30pm** | starts **26 April**

This extended beginners course starts with a series of short projects designed to teach you several techniques of hand building pottery while at the same time exploring your own creativity. In the second half of the term the basics of using the potters wheel are introduced. This is combined with the opportunity to improve all techniques by completing individual work.

**Pottery – Improvers****P7** | £210.00/£198.00/£171.00 | **Monday 6.00 – 9.00pm** | starts **24 April****P8** | £140.00/£132.00/£114.00 | **Wednesday 5.30 – 7.30pm** | starts **26 April**

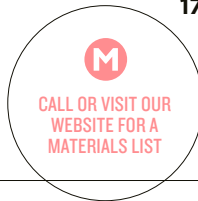
These courses are suitable for those with some experience, in which students pursue their interest in throwing and/or handbuilding ceramics. Students are encouraged to push the boundaries of their work as well as to feel free to relax in a creative atmosphere.

**NEW Saturday – Garden Pots****S9** | £36.00/£34.00/£29.50 | **29 April 10.00 – 4.00pm**

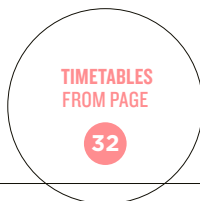
There'll be no sign of boring terracotta plant pots at this workshop. You will get a chance to learn several techniques of hand-building pottery in order to make durable stoneware planters, wall pots, plaques, sculptures, bespoke gnomes (?), etc. (maximum 5 items). Your work will be dried, fired, glazed and fired again, ready for collection in about one month.

**Saturday – Four Pots in a Day****S41** | £36.00/£34.00/£29.50 | **27 May 10.00 – 4.00pm**

Learn four of the basic handbuilding techniques of ceramics: pinching, coiling, slab construction and press-moulding, combined with effective methods of decoration. We will glaze and fire your pots ready for collection later in the term.



# POTTERY CONTINUED



## MARGARET CRUMP CONTINUED Saturday – Pottery Taster: Throwing and Turning

**S51** | £36.00/£34.00/£29.50 | **3 June** 10.00 – 4.00pm

Have you always wanted to try using the potters wheel? This is a great chance to see how it is for you. A whole day learning techniques and skills of 'throwing on the wheel'. We will fire and glaze your pots ready for collection over the following weeks.

### Saturday – Pottery Catch up Day

**S79** | £36.00/£34.00/£29.50 | **24 June** 10.00 – 4.00pm

If you are a current Folk House potter and need to catch up or have some experience in pottery and need a studio day. Come along and get working. Please specify if you will be using a potters wheel, spaces are limited.

## JO YOUNG Pottery – Beginners

**P9** | £70.00/£66.00/£57.00 | **Thursday** 5.30 – 7.30pm | starts **27 April**

This five week course is for complete beginners wanting to learn basic techniques. Each week you will learn several skills through a series of projects designed to use as many processes as possible. These include slab work, pinching, coiling, construction, using plaster molds and formers, surface treatments, decorative slip techniques, underglaze and glazing.

### Pottery – Introduction to the Potter's Wheel

**P10** | £70.00/£66.00/£57.00 | **Thursday** 5.30 – 7.30pm | starts **8 June**

A five week course that will teach you how to 'throw a pot' on the wheel. Plenty of time to learn the basics, practice and improve this ancient skill. We will also be glazing and slip decorating to add colour and shine. Limited spaces.

### Pottery Improvers

**P11** | £140.00/£132.00/£114.00 | **Thursday** 7.45 – 9.45pm | starts **27 April**

For potters with some experience who wish to develop their skills further, try new techniques and develop their work. Advice from an experienced potter on wheel work, construction and decorative techniques.

### Saturday – Pottery Taster: Throwing and Turning

**S27** | £36.00/£34.00/£29.50 | **13 May** 10.00 – 4.00pm

Have you always wanted to try using the potters wheel? This is a great chance to see how it is for you. A whole day learning techniques and skills of 'throwing on the wheel'. We will fire and glaze your pots ready for collection over the following weeks.

# WRITING

## TOM PHILLIPS Introduction to Creative Writing

**W1** | £104.00/£96.00/£78.00 | **Monday** 5.30 – 7.30pm | starts **24 April**

Discover the possibilities of creative writing in all its forms through fun practical exercises. Pick up lots of tips and techniques and find out how other writers go about turning their ideas into words. Explore your own writing ideas and practice.

### Write your Novel

**W2** | £104.00/£96.00/£78.00 | **Wednesday** 5.30 – 7.30pm | starts **26 April**

Whether you have started your novel or are at the ideas stage, this course will give you the tools to get it written. We will cover plot, characterisation and explore what publishers are looking for.

# WRITING CONTINUED



## TOM PHILLIPS CONTINUED Short Fiction

**W3** | £104.00/£96.00/£78.00 | **Thursday** 5.30 – 7.30pm | starts **27 April**

This course is for those who have an interest in writing short stories. We will look at structure and narrative, and through writing exercises and student feedback, we will improve your work. Examine characterisation, setting, pace and dialogue while sharing and discussing your work in a supportive environment. Beginners welcome.

### Saturday – Travel Writing

**S28** | £26.00/£24.00/£19.50 | **13 May** 10.00 – 4.00pm

We will explore different approaches to travel writing and focus on your travel stories, be it a trip across the world or an everyday walk to the shops. A chance to join a lively discussion and develop your ideas. All levels welcome.

### Saturday – Poetry Workshop

**S88** | £26.00/£24.00/£19.50 | **1 July** 10.00 – 4.00pm

Whether you've written poetry before or are a complete beginner, this workshop offers you space to try out ideas, explore different types of poetry, have fun with the possibilities of language and come away with a poem or two.

## JANE REECE Creative Writing for All

**W4** | £104.00/£96.00/£78.00 | **Tuesday** 10.30 – 12.30pm | starts **25 April**

Whether you are new to writing creatively, or just fancy somewhere to kickstart new writing, this is the course for you. With fun exercises and supportive group endeavour we'll explore story and poetry, and you'll learn techniques for a writing practice. Be prepared to be surprised and to fire up your imagination.

### Life Writing Weekly

**W5** | £104.00/£96.00/£78.00 | **Tuesday** 2.00 – 4.00pm | starts **25 April**

An extended Life Writing course over ten weekly afternoon sessions during which we will identify angles for your life story, memoir or biography, develop scenes and themes and deal with characters alive and dead. Beginners welcome.

### Saturday – Life Writing and Memoir

**S42** | £26.00/£24.00/£19.50 | **27 May** 10.00 – 4.00pm

A day where we look at using material from our own or others' lives to write an autobiography or memoir. A workshop full of techniques for writing practice, how to tap into ideas and develop them into longer pieces of writing. Please bring your own writing materials.

### Saturday – Get Started in Creative Writing

**S56** | £26.00/£24.00/£19.50 | **10 June** 10.00 – 4.00pm

A workshop full of ideas and prompts to get you started on the writing process or to move you past writing blocks. You will get plenty of ideas to take away to keep writing. Please bring pens and paper.

## MARK BRECKON Scriptwriting

**W6** | £104.00/£96.00/£78.00 | **Tuesday** 7.45 – 9.45pm | starts **25 April**

These accessible courses will provide a hands-on-guide to writing drama whether you are interested in screenwriting, theatre or radio. With lots of practical exercises to motivate and inspire you, we will be covering dramatic structure, developing ideas, character and dialogue. Beginners welcome.

BRISTOL FOLK HOUSE

# LIVE MUSIC



## MARCH 2017 – SEPTEMBER 2017

### *What a line up we have for you!*

Please visit the website for an up to date programme and information about where you can purchase tickets, start times and supporting acts.

#### PHIL KING FRIDAY 24 MARCH

“Absolutely Brilliant!” – *Bob Harris, BBC Radio 2*  
“Supremely talented Bristol-based singer.  
A voice to die for.” – *Time Out, London*  
[www.phil-king.net](http://www.phil-king.net)

#### CELTIC GUITAR JOURNEYS SUNDAY 26 MARCH

Three internationally renowned finger style guitarists: Dylan Fowler (Wales), Soïg Sibéiril (Bretagne) and Ian Melrose (Scotland) explore their celtic roots as an organic unit.  
[www.celticguitar.moonfruit.com](http://www.celticguitar.moonfruit.com)

#### THE URBAN FOLK QUARTET SATURDAY 1 APRIL

“One of the tightest line-ups I have ever seen. There’s a palpable electricity, that surges through the band and into the crowd.” – *Songlines*  
[www.theufq.com](http://www.theufq.com)

#### LOUISE JORDAN: NO PETTICOATS HERE SUNDAY 2 APRIL

A project that tells the stories of remarkable women of the First World War through song.  
[www.louisejordan.co.uk](http://www.louisejordan.co.uk)

#### SAM LEWIS FRIDAY 7 APRIL

With rich soulful vocals, well-crafted songs, roots country and blue-eyed soul. Whether crossing genres or state lines, he has pieced together a story people need to hear.  
[www.samlewistunes.com](http://www.samlewistunes.com)

#### THE FANTASY ORCHESTRA SUNDAY 9 APRIL

The Fantasy Orchestra is a community project led by Jesse D Vernon, based in Bristol and also in Paris. The Orchestra (motto: ‘more is more’) brings together 40+ musicians, professional and amateur, to create a kaleidoscopic symphonic brigade.  
[www.fantasyorchestra.org](http://www.fantasyorchestra.org)



All tickets purchased from the Folk House include a 50p administration fee. All our music events held in the cafe or hall are seated. Unfortunately we have no disabled access or facilities. Tickets are non-refundable.

#### BLACKBEARD'S TEA PARTY FRIDAY 14 APRIL

With a growing reputation, it's hardly a surprise that they are one of the most in-demand bands on the folk circuit.

[www.blackbeardsteaparty.com](http://www.blackbeardsteaparty.com)

#### DEAN FRIEDMAN SUNDAY 30 APRIL

He first marked his entry into pop consciousness with the Top 20 chart success of his hit single, *Ariel*. *Lucky Stars* paved the way for a slew of Friedman hits, including *Lydia*, *Rocking Chair*, *McDonald's Girl* and *Woman of Mine*.

[www.deanfriedman.com](http://www.deanfriedman.com)

#### THE RHEINGANS SISTERS FRIDAY 5 MAY

Rowan is well known on the English folk scene and Anna is a much sought after fiddle player in France. Together they call on influences from northern and southern European fiddle traditions into their own compositions.

[www.rheinganssisters.co.uk](http://www.rheinganssisters.co.uk)

#### HANNAH JAMES' JIGDOLL SATURDAY 6 MAY

“Elegant, flowing transition between tunes, movement and song... It was Beautiful and Baffling.” – *Froots Magazine*

[www.jigdoll.co.uk](http://www.jigdoll.co.uk)

#### MAWKIN SUNDAY 7 MAY

Their ‘unapologetically energetic’ approach and DIY ethic, surprises critics and fans. Described as a ‘modern day Fairport’.

[www.mawkin.co.uk](http://www.mawkin.co.uk)

#### LISBEE STANTON SUNDAY 21 MAY

“Bound for glory. An exquisite slice of traditional songwriting.” – *The Times*  
“A Serious Young Talent.” – *Tom Robinson*

[www.lisbee.com](http://www.lisbee.com)

#### PEGGY SEEGER WITH SONS CALUM AND NEILL MACCOLL SUNDAY 28 MAY

The Seeger MacColl family are one of folk music's most loved dynasties. Peggy is a singer, songwriter and feminist icon.

[www.peggyseeger.com](http://www.peggyseeger.com)

#### ANGE HARDY & LUKAS DRINKWATER SATURDAY 3 JUNE

“A quality duo. There's frankly so much to admire, but the main thing is it sounds beautiful.” – *Mark Radcliffe, BBC Radio 2*

[www.angehardy.com](http://www.angehardy.com)

#### ANDY CUTTING SATURDAY 10 JUNE

Andy Cutting is a rarity. A musician's musician: a soulful and technically outstanding melodeon practitioner with an ear for a fine tune.

[www.andy-cutting.co.uk](http://www.andy-cutting.co.uk)

#### THE CHURCH FITTERS FRIDAY 22 SEPTEMBER

A folk band like no other. A double bass made out of a saucepan. Heart-wrenching vocals accompanied by a musical saw. Foot-stompingly fast fiddle mixed with infectious funk-rock rhythms.

[www.churchfitters.com](http://www.churchfitters.com)

## FOLK HOUSE COMMUNITY CHOIR

The Folk House Community Choir meet up weekly on Tuesday 7.45 - 9.45 pm. A friendly choir based in the heart of Bristol. The choir will cover a wide variety of folk songs, as well as some world and contemporary music. You can book for the term and pay equivalent £6 per class or drop in for £3 per class. Beginners welcome. See [www.bristolfolkhouse.co.uk/choir](http://www.bristolfolkhouse.co.uk/choir) for full details.



## WRITING CONTINUED

TERM DATES  
22 APRIL – 8 JULY  
—  
HALF TERM  
29 MAY – 2 JUNE

**RACHEL CARTER** **Write your Children's/Teen Book**  
**W7** | £78.00/£72.00/£58.50 | **Tuesday 8.00 – 9.30pm** | starts **25 April**

This course is aimed at those writing a book or novel for children aged 7 up including the teenage/young adult reader. Plenty of time and space will be available to crack on with your writing in a supportive environment. One-on-one feedback will be available.

**Saturday – Write a Picture Book**  
**S55** | £26.00/£24.00/£19.50 | **3 June 10.00 – 4.00pm**

Do you have a picture book up your sleeve, or an unforgettable story? Using fun and inspiring exercises, we will explore the tools needed to write your book such as character, setting and plot. We'll also look at the market for such work.

## MUSIC, DANCE & DRAMA

**BETH FOURACRE** **Guitar Beginners**  
**D1** | **M** | £52.00/£48.00/£39.00 | **Wednesday 5.30 – 6.30pm** | starts **26 April**

Introducing the basics of guitar in a method that is clear, simple and easy to understand. The course will start right at the beginning and we will learn chords, how to play melody and how to read guitar tablature.

**Guitar Extended**  
**D2** | **M** | £52.00/£48.00/£39.00 | **Wednesday 2.30 – 4.30pm** | starts **26 April**  
**D3** | **M** | £52.00/£48.00/£39.00 | **Wednesday 2.30 – 4.30pm** | starts **7 June**

For guitarists with more experience. Share your skills and learn from each other. This two hour session will involve a taught element, a chance to play and share knowledge/techniques in small groups, an open session and - for the brave - an opportunity to perform to the group. Bring along material to share and play with others. Two five week courses.

**JOEL BOBRUCKI** **Guitar Beginners Continued**  
**D4** | **M** | £52.00/£48.00/£39.00 | **Thursday 6.45 – 7.45pm** | starts **27 April**

For those who have a basic understanding, the course carries on from the Beginners level. Different aspects of guitar playing will be looked at including an introduction to fingerpicking, how to play barre chords, strumming/rhythm and chord variations.

**Guitar Improvers**  
**D5** | **M** | £52.00/£48.00/£39.00 | **Thursday 5.30 – 6.30pm** | starts **27 April**

For those who feel ready to move on from the basics, this course will carry on from the Beginners Continued level. Developing further skills in finger-picking, lead and rhythm guitar. To do this course you need to have a basic understanding of E-shaped barre chords (even if you can't play them well yet).

**Guitar Extended**  
**D6** | **M** | £39.00/£36.00/£29.25 | **Thursday 8.00 – 9.30pm** | starts **27 April**  
**D7** | **M** | £39.00/£36.00/£29.25 | **Thursday 8.00 – 9.30pm** | starts **8 June**

For guitarists with more experience. Come along to share your skills and learn from each other. This 1.5 hour session will involve a taught element, a chance to play and share knowledge/techniques in small groups, an open session and - for the brave - an opportunity to perform to the group. Bring along material to share and play with others. A five week course. Two five week courses.

## MUSIC, DANCE & DRAMA CONTINUED

TIMETABLES  
FROM PAGE

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**ALEX BISHOP** **Saturday – Gypsy Jazz Guitar Workshop**  
**NEW S66** | £15.60/£14.40/£11.70 | **17 June 10.00 – 1.00pm**

Want to learn guitar in the style of Django Reinhardt? Different aspects of the style will be covered; including la pompe rhythm, melody playing and repertoire. Suitable for those on extended level or those who have a good basic knowledge of playing guitar.

**ISOLDE** **Finding your Voice**  
**FREETH-HALE D8** | £52.00/£48.00/£39.00 | **Monday 6.00 – 7.00pm** | starts **24 April**

Ideal for those who feel new to singing. Strengthen the breath and work on getting the best out of your voice and develop your musical ear. Singing through a range of songs we will learn techniques for accurate pitching and blending with other singers.

**Enhancing your Voice**  
**D9** | £78.00/£72.00/£58.50 | **Monday 7.15 – 8.45pm** | starts **24 April**

A course for those with some experience of singing who are ready to go deeper and hone their voice skills. Working with a variety of songs from across the globe, we will focus on using the breath and the body to enhance and strengthen our voices.

**NEW S67** **Saturday – Vocal Improvisation Workshop**  
**S39** | £10.40/£9.60/£7.80 | **20 May 2.00 – 4.00pm**

Build confidence in your vocal improvisation. We will apply a range of professional exercises and techniques used for developing the voice and play with our voices as instruments. Expect to have fun, feel inspired and create some beautiful music.

**Saturday – Songwriting Day Workshop**  
**S52** | £28.90/£26.85/£21.10 | **3 June 10.00 – 4.00pm**

In this one day workshop you will explore exercises that will help to inspire new songs and finish old ones. We shall look at both solo and group songwriting, learning ways that we can inspire each other creatively, as well as develop our own personal voices. Open to complete beginners and those who have some songwriting experience.

**NONNY TABUSH** **Folk House Community Choir**  
**NEW Tuesday 7.45 – 9.45pm** | See [www.bristolfolkhouse.co.uk/choir](http://www.bristolfolkhouse.co.uk/choir) for details.

**BEN SEARLE** **Ukulele for Beginners**  
**D10** | **M** | £26.00/£24.00/£19.50 | **Thursday 2.00 – 3.00pm** | starts **27 April**

For complete beginners or those very new to the 'uke. In a friendly and welcoming atmosphere, this five week course aims to encourage confidence, skill and fun with this wonderful four-stringed instrument. Just bring a ukulele and we'll do the rest.

**Ukulele for Improvers**  
**D11** | **M** | £26.00/£24.00/£19.50 | **Thursday 2.00 – 3.00pm** | starts **8 June**

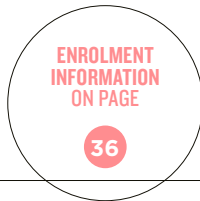
This course is ideal for anyone who has been on a beginners course or has learnt a few chords and wants to learn more. Our five week course aims to make you more confident with your ukulele. We look at chords, strumming, timing, and aim to learn some new songs as a group for a strum-a-long.

**Saturday – Ukelele Beginners Workshop**  
**S61** | **M** | £26.00/£24.00/£19.50 | **10 June 10.00 – 4.00pm**

The aim of this workshop is to encourage confidence and skill with this wonderful instrument. We will look at the basics, learn a few chords, try some songs, and finish off with our first Ukulele Jam.



# MUSIC, DANCE & DRAMA CONTINUED



## AIDAN SHEEHAN **Saturday – Beginners Harmonica Workshop**

**S75** | | £26.00/£24.00/£19.50 | **24 June** 10.00 – 4.00pm

**S92** | | £26.00/£24.00/£19.50 | **8 July** 10.00 – 4.00pm

Do not leave your harmonica in a drawer. In this friendly class, learn to perform a selection of tunes on your harmonica in a day. Beginners to intermediate level welcome.

## ED BARROW **Swing Dance**

**D12** | | £39.00/£36.00/£29.25 | **Wednesday** 7.30 – 9.00pm | starts **26 April**

In this course we will be going further to teach you a range of stylish vintage swing steps. Have fun and develop your dancing week on week, All welcome. A five week course.

### **Saturday – Swing Dance Workshop**

**S74** | | £10.40/£9.60/£7.80 | **17 June** 2.00 – 4.00pm

Step back in time to the 1930's where the infectious Big Band sound was filling the dance floors of Europe and America. We will be teaching you all the steps you need to hit the dance floor in true vintage style.

## EVIE **Saturday – Samba Dance Workshop**

**S37** | £10.40/£9.60/£7.80 | **20 May** 10.30 – 12.30pm

This enjoyable two hour workshops will give you a taste of many different types of Samba. The experienced tutor will help you master elements of Samba Reggae, Samba Rio Carnival, Samba de Roda, Samba Iyexa and more. No previous dance experience is needed - just a sense of fun and adventure.

## PAULA JARDIM **Saturday – Biodanza**

**S38** | £10.40/£9.60/£7.80 | **20 May** 2.00 – 4.00pm

Experience biocentric movement to music as a source of health and wellbeing. This workshop will focus on developing a joyful sense of being in the body and with each other through playfulness, rhythm and relaxation. No previous experience required.

## CLAIRE PHIPPS **Saturday – 20's Charleston for Beginners Workshop**

**S11** | | £11.40/£10.60/£8.80 | **29 April** 10.30 – 12.30pm

Take a trip back to the roaring 1920's as you learn the vintage dance moves that were once danced by the flappers and swingers. No previous dance experience required. Everyone is welcome.

### **Saturday – Burlesque Workshop**

**S29** | | £11.40/£10.60/£8.80 | **13 May** 10.30 – 12.30pm

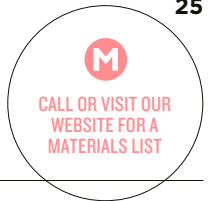
Learn the art of posing, peeling and teasing in a supportive environment. Claire will help you discover your confident and glamorous burlesque alter-ego as you learn to strut, shimmy and set pulses racing. This workshop is fully clothed - we will put more on before we take it off.

## CHRISTINE POWER **Circle Dancing**

**D13** | £39.00/£36.00/£29.25 | **Monday** 1.30 – 3.00pm | starts **5 June**

In this class we will learn a range of traditional circle dances from across the world. In this friendly group we will dance to Greek, Balkan, Jewish and Irish rhythms by holding hands together. All welcome. A five week course.

# MUSIC, DANCE & DRAMA CONTINUED



## CHRISTINE POWER **Line Dancing Improvers**

**CONTINUED** **D14** | £52.00/£48.00/£39.00 | **Monday** 10.30 – 11.30pm | starts **24 April**

This course is a bridge between the beginners and intermediate classes. It is ideal for those who have mastered the basics either here or elsewhere, and who wish to progress but are not yet ready for the intermediates.

### **Line Dancing Intermediate**

**D15** | £39.00/£36.00/£29.25 | **Thursday** 10.30 – 12.00pm | starts **27 April**

**D16** | £39.00/£36.00/£29.25 | **Thursday** 10.30 – 12.00pm | starts **8 June**

For those who have attended a dance class of any style for more than one year. With a break for a drink and a chat. Two five week courses.

### **Line Dancing Advanced**

**D17** | £39.00/£36.00/£29.25 | **Wednesday** 10.30 – 12.00pm | starts **26 April**

**D18** | £39.00/£36.00/£29.25 | **Wednesday** 10.30 – 12.00pm | starts **7 June**

For experienced dancers, to diverse rhythms, with some fast and complicated steps. With a break for a drink and a chat. Two five week courses.

### **Line Dancing Advanced Plus**

**D19** | £52.00/£48.00/£39.00 | **Thursday** 12.30 – 1.30pm | starts **27 April**

For enthusiastic dancers who have ideally attended the Advanced Line Dance Class here at the Folk House. We will learn long and complex dances with fast steps, quick turns or irregular rhythms. Please contact the tutor if you wish to enrol but have not previously attended the advanced class here.

### **Saturday – An Introduction to Circle Dancing**

**S30** | | £10.40/£9.60/£7.80 | **13 May** 2.00 – 4.00pm

Circle dance has its origins in dances from Eastern Europe. Enjoy as we dance together holding hands to beautiful traditional Greek, Balkan, Jewish and Irish rhythms. All welcome.

## EVE BUTCHERS **Ballet Beginners Entry**

**NEW** **D20** | | £52.00/£48.00/£39.00 | **Monday** 5.30 – 6.30pm | starts **24 April**

A course for complete beginners. Learn a host of movements and steps in a relaxed atmosphere whilst focusing on developing alignment, posture and strength. Also suitable for those returning to ballet.

### **NEW Ballet Beginners Plus**

**D21** | | £52.00/£48.00/£39.00 | **Monday** 6.45 – 7.45pm | starts **24 April**

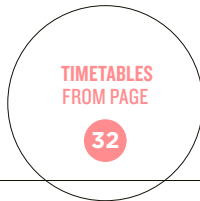
Developing confidence, knowledge and technique - this course is suitable to those who have completed a beginners class or have been out of Ballet for a while. If in doubt of correct level - please contact Folk House directly.

## MARK BRECKON **Drama and Improvisation Part 1**

**D22** | £52.00/£48.00/£39.00 | **Wednesday** 7.00 – 9.00pm | starts **26 April**

With a playful approach, this course will help you to develop your creative confidence and spontaneity. We will play theatre games and look at the building blocks that drive a scene such as character motivation and status. We'll explore a wide range of improvisation techniques and ways to release the imagination. A supportive environment and beginners welcome. A five week course.

## MUSIC, DANCE & DRAMA CONTINUED



**MARK BRECKON** **Drama and Improvisation Part 2**  
CONTINUED **D23** | £52.00/£48.00/£39.00 | **Wednesday 7.00 – 9.00pm** | starts **7 June**

Building on Part 1 or for any students with prior drama experience elsewhere, this is a chance to build on your existing skills and explore some advanced acting and improvisation exercises. With a similarly playful approach, we will look in depth at issues that may block improvisations and help you to create imaginative scenes.

**AMY DRAPER** **Saturday – Introduction to Shakespeare Workshop**  
NEW **S85** | **M** | £26.00/£24.00/£19.50 | **1 July 10.00 – 4.00pm**

The aim of this workshop is to explore Shakespearean verse in a playful and accessible way. Unsure about the difference between prose vs verse or other poetic devices, such as rhyme, alliteration and assonance? On this workshop participants will be enabled to enjoy the language of Shakespeare and make it their own. All welcome.

## FITNESS & EXERCISE

**LUCY EYRE** **Gentle Pilates**  
**F1** | **M** | £52.00/£48.00/£39.00 | **Monday 12.00 – 1.00pm** | starts **24 April**

This is a mat based class so the ability to get up and down from standing to seated and lying positions unaided is essential. Suitable for the over 60's or those that prefer a slower paced gentler exercise class.

### Pilates – Beginners

**F2** | **M** | £52.00/£48.00/£39.00 | **Tuesday 5.30 – 6.30pm** | starts **25 April**

### Pilates – Intermediate

**F3** | **M** | £52.00/£48.00/£39.00 | **Tuesday 6.30 – 7.30pm** | starts **25 April**

Pilates builds strength from the inside out by targeting deep postural muscles to improve muscle tone and give you great posture. Exercises are non impact and performed in standing and lying positions with the focus on body alignment and core stability. If you are unsure of your level please speak to the Folk House office team.

**ZOE PITHER** **Hatha Yoga**  
**F4** | **M** | £52.00/£48.00/£39.00 | **Wednesday 5.30 – 6.30pm** | starts **26 April**

Hatha yoga combines flowing movement with the practice of holding poses for a longer time. Each class will combine gentle postures, working with the breath, and mindfulness to encourage release and relaxation in the mind and body. This class is suitable for beginners as well as those with some prior experience of yoga.

**MEL SKINNER** **Lunchtime Yoga**  
**F5** | **M** | £52.00/£48.00/£39.00 | **Tuesday 1.00 – 2.00pm** | starts **25 April**

Enjoy a lunchtime yoga session. Experience how the practice of simple Yoga postures and breathing techniques can be refreshing. All levels welcome.

### Saturday – Yoga for Healthy Backs

**S63** | **M** | £10.40/£9.60/£7.80 | **10 June 10.30 – 12.30pm**

Most people will suffer from back ache at some point in their life. During this workshop we will work to release the back with forward bends and twists, support the lower back by strengthening core muscles and free up chest and shoulders with gentle back bends. Yoga postures for all, beginners welcome.

## FITNESS & EXERCISE CONTINUED

**MORVEN HAMILTON** **Saturday – Yoga for Healthy Sleep**  
**S73** | **M** | £15.60/£14.40/£11.70 | **17 June 1.30 – 4.30pm**

Whether you suffer from insomnia or a restless sleeping pattern, you will benefit from this simple, effective practice. Explore yogic techniques for relaxation and mindfulness and will learn simple yogic thought and method that can be practiced at home to reset your nervous system and focus your mind.

**ANN SHELDON** **Qi Gong**  
**F6** | £52.00/£48.00/£39.00 | **Wednesday 1.00 – 2.00pm** | starts **26 April**  
**F7** | £52.00/£48.00/£39.00 | **Thursday 6.15 – 7.15pm** | starts **27 April**

A gentle, safe, effective Chinese exercise system to lift the spirits and develop energy for self-healing. Taijiwuxigong exercises are linked to Tai Chi. Tensions are released and balance improved. Activating the flow of Qi refreshes our vital energy.

**JEANIE BRICE** **Keep Fit in Retirement**  
**F8** | £26.00/£24.00/£19.50 | **Friday 11.00 – 12.00pm** | starts **28 April**  
**F9** | £26.00/£24.00/£19.50 | **Friday 11.00 – 12.00pm** | starts **9 June**

For ladies of retirement age and over, this course offers gentle exercise to music, to stretch and relax both body and mind. A friendly class and an experienced tutor. Two five week courses.

## LANGUAGES

***If you are new to a language you will need to register for a Beginners Entry Level class. For all other levels we advise that you speak to the tutor to ensure you enrol on the most suitable level. Tutor contact details are available from the Folk House office. If text books are used they'll be recommended in the first class.***

**BEGINNER'S ENTRY LEVEL** – An introductory course for complete beginners. No knowledge of the language is required.

**BEGINNER'S PLUS** – A course for those who have already completed the entry level or are rusty from school days and want a refresher.

**LEVEL 1** – For students who wish to improve and extend their knowledge of the language with revision, listening, simple conversation, grammar and role practice.

**LEVEL 2** – For students with some knowledge of the language, having studied at school or in adult education classes. Improve listening skills, understanding and conversation.

**LEVEL 3** – For students who have a good knowledge of the language, a growing sense of confidence and who wish to extend their fluency and understanding.

**LEVEL 4** – For students who wish to consolidate their understanding and develop their language skill.

**CONVERSATION** – An informal class where more advanced students can gain self-confidence by joining in guided conversations on a wide range of topics.

**ALL WEEKLY COURSES ARE 10 WEEKS LONG UNLESS STATED OTHERWISE – NO CLASSES DURING HALF TERM**

## FRENCH

**CATHERINE SFORZA** **French Beginners Entry**  
**L1** | £65.00/£60.00/£48.75 | **Tuesday 5.30 – 6.45pm** | starts **25 April**

**AURELIA MOURIES** **French Beginners Plus**  
**L2** | £65.00/£60.00/£48.75 | **Monday 5.30 – 6.45pm** | starts **24 April**

**ARLETTE HODGKIN** **French Conversation**  
**L3** | £52.00/£48.00/£39.00 | **Wednesday 1.30 – 2.30pm** | starts **26 April**

**French Level 1**  
**L4** | £78.00/£72.00/£58.50 | **Thursday 5.30 – 7.00pm** | starts **27 April**

**French Level 2**  
**L5** | £104.00/£96.00/£78.00 | **Tuesday 10.30 – 12.30pm** | starts **25 April**

**French Level 3**  
**L6** | £104.00/£96.00/£78.00 | **Wednesday 10.30 – 12.30pm** | starts **26 April**

**French Level 4**  
**L7** | £104.00/£96.00/£78.00 | **Thursday 10.30 – 12.30pm** | starts **27 April**

## ITALIAN

**DENISE VARGIU** **Italian Beginners Entry Level**  
**L8** | £78.00/£72.00/£58.50 | **Wednesday 8.15 – 9.45pm** | starts **26 April**

**DAVIDE ARIASSO** **Italian Beginners Plus**  
**L9** | £65.00/£60.00/£48.75 | **Monday 7.00 – 8.15pm** | starts **24 April**

**Italian Level 1**  
**L10** | £78.00/£72.00/£58.50 | **Wednesday 5.00 – 6.30pm** | starts **26 April**

**Italian Level 2**  
**L11** | £65.00/£60.00/£48.75 | **Monday 8.30 – 9.45pm** | starts **24 April**

**Italian Level 3**  
**L12** | £65.00/£60.00/£48.75 | **Wednesday 6.45 – 8.00pm** | starts **26 April**

## SPANISH

**GORKA DIAZ** **Spanish Beginners Entry Level**  
**L13** | £78.00/£72.00/£58.50 | **Tuesday 6.00 – 7.30pm** | starts **25 April**  
**L14** | £78.00/£72.00/£58.50 | **Thursday 7.45 – 9.15pm** | starts **27 April**

**Spanish Beginners Plus**  
**L15** | £78.00/£72.00/£58.50 | **Tuesday 7.45 – 9.15pm** | starts **25 April**

**Spanish Level 1**  
**L16** | £78.00/£72.00/£58.50 | **Monday 6.00 – 7.30pm** | starts **24 April**

**Spanish Level 2**  
**L17** | £78.00/£72.00/£58.50 | **Monday 7.45 – 9.15pm** | starts **24 April**

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## SPANISH

**LIDIA MOREJUDO SALOR** **Spanish Beginners Plus**  
**L18** | £78.00/£72.00/£58.50 | **Tuesday 6.00 – 7.30pm** | starts **25 April**

**Spanish Level 1**  
**L19** | £78.00/£72.00/£58.50 | **Wednesday 7.45 – 9.15pm** | starts **26 April**

**Spanish Level 3**  
**L20** | £78.00/£72.00/£58.50 | **Wednesday 6.00 – 7.30pm** | starts **26 April**

## GERMAN

**RITA HANK** **German Beginners Entry Level**  
**L21** | £78.00/£72.00/£58.50 | **Monday 7.45 – 9.15pm** | starts **24 April**

**German Beginners Plus Level**  
**L22** | £78.00/£72.00/£58.50 | **Wednesday 8.00 – 9.30pm** | starts **26 April**

**MARTINA MACKINTOSH** **German Level 1**  
**L23** | £78.00/£72.00/£58.50 | **Thursday 7.30 – 9.00pm** | starts **27 April**

**German Level 2**  
**L24** | £78.00/£72.00/£58.50 | **Thursday 5.45 – 7.15pm** | starts **27 April**

**MARLIS MULDER** **German Level 3**  
**L25** | £52.00/£48.00/£39.00 | **Monday 10.00 – 12.00pm** | starts **24 April (5wks)**

**German Level 4**  
**L26** | £52.00/£48.00/£39.00 | **Wednesday 10.00 – 12.00pm** | starts **26 April (5wks)**

## WELLBEING

**BEN GRASSBY** **NLP: A Foundation Course**  
**G1** | £52.00/£48.00/£39.00 | **Tuesday 5.30 – 7.30pm** | starts **6 June**

Each week we will introduce and experience a new technique from the field of neuro linguistic programming. Learn to communicate better, free yourself from fears, increase your confidence, change problem behaviours, feel happier, build better relationships and make better decisions. A five week course.

**Saturday – NLP: A Day of Discovery**  
**S96** | £26.00/£24.00/£19.50 | **8 July 10.00 – 4.00pm**

This exciting workshop will introduce you to NLP and show you the transformation it can make on your life, health, relationships, dreams and work. Learn how to apply simple, powerful and fun techniques to achieve what you want in life and remove old fears. No prior knowledge required.

**JENNIFER MACKERRAS** **Introduction to Alexander Technique**  
**G2** | £39.00/£36.00/£29.25 | **Tuesday 6.00 – 7.30pm** | starts **25 April**

Are you hemmed in by habit or plagued by aches and pains? In this five week course you will learn how to apply the ideas and principles of the Alexander Technique to improve your freedom and flexibility in everything you do. All you need to bring along is an open mind!

## WELLBEING CONTINUED

TERM DATES  
22 APRIL – 8 JULY  
—  
HALF TERM  
29 MAY – 2 JUNE

**KATE JORDAN** **Saturday – Hypnotherapy for Happiness**  
**S95** | £26.00/£24.00/£19.50 | **8 July** 10.00 – 4.00pm

Want more from life? Life coaching can help you with decision making and achieving your goals. Come prepared to work on setting some goals, learn about how the brain works, how better to reach your potential and then relax with some hypnotherapy.

**JACKIE HAWKEN** **Saturday – Mindfulness, Compassion, Insight and Wisdom**  
**S87** | £26.00/£24.00/£19.50 | **1 July** 10.00 – 4.00pm

Mindfulness is a capacity of the mind to be aware of the present in a non-judgemental way. It helps us to take better care of ourselves, lead a better life and access inner resources to cope with stress and difficulty. There will be practical exercises to help develop this innate ability.

**ZOE PITHER** **Saturday – Mindfulness for Busy People**  
**S12** | £10.40/£9.60/£7.80 | **29 April** 2.00 – 4.00pm

A gentle and accessible introduction to mindfulness for people who would like to access more moments of calm. The focus is on experiencing simple techniques that you can use in everyday life.

**KAY BAXTER** **Saturday – Meditation and Mindfulness to Support our Lives**  
**S43** | £26.00/£24.00/£19.50 | **27 May** 10.00 – 4.00pm

During this experiential session we will learn to sit and 'be' with ourselves in order to find a deeper connectedness. We will look at how taking time 'be' in stillness nourishes our being and then radiates through our days and doings.

**CELIA BEESON** **Saturday – Working with Sound for Meditation and Relaxation**  
**S20** | £26.00/£24.00/£19.50 | **6 May** 10.00 – 4.00pm

Sound is a wonderfully accessible tool for meditation and relaxation. We will be working with Tibetan singing bowls and simple vocal toning and the day will include receiving a guided sound meditation, the chance to play a variety of singing bowls. No prior musical experience needed - open to all.

**MORVEN HAMILTON** **Saturday – Meditation for Home Practice**  
**S65** | £15.60/£14.40/£11.70 | **17 June** 10.00 – 1.00pm

If you are curious about meditation, or if you have tried and need further guidance, this workshop will help you to overcome some of the initial difficulties in starting your practice at home. We tackle the challenges of monkey mind, aching limbs and busy schedules. Learn how to incorporate meditation peacefully into your daily routine.

**MEL SKINNER** **Saturday – Yoga Nidra**  
**S64** | £10.40/£9.60/£7.80 | **10 June** 2.00 – 4.00pm

Yoga Nidra is widely used therapeutically as a way to manage many conditions such as stress, anxiety, depression, addiction and insomnia. Yoga Nidra is more than just deep relaxation, it is a way to break down unhelpful thinking patterns and habits. Simple breathing techniques can help you begin to discover a sense of true letting go.

## WELLBEING CONTINUED

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MATERIALS LIST

**GEORGIA DANIEL** **Saturday – Introduction to Reflexology Workshop**  
**S17** | £31.00/£29.00/£24.50 | **6 May** 10.00 – 4.00pm

Every area has a corresponding reflex point that can be accessed through the hands and the feet. We will look at the history, theory and application of reflexology during the session. As reflexology involves massage there will be exercises which involve touching bare feet.

**NEW** **Saturday – Aromatherapy Workshop**  
**S78** | £32.00/£30.00/£25.50 | **24 June** 10.00 – 4.00pm

Discover the history of aromatherapy, the benefits of essential oils and how they can be used in and around your home. We will also cover a range of six essential oils in detail and how they may enhance your wellbeing.

## LIFE AND LEISURE

**TONY SMITH** **Saturday – Introduction to Starting your Own Business**  
**S62** | £30.00/£27.80/£22.85 | **10 June** 10.00 – 4.30pm

An enjoyable workshop looking at the demands of running your own business. Discover if your business idea is viable. Learn how to produce a business plan, taking into account sales, marketing, operational and financial control. There will be time for confidential 1:1s with this experienced business advisor.

**MARIA LUISA LATORRE** **Saturday – Marketing for your Small Business**  
**S26** | £26.00/£24.00/£19.50 | **13 May** 10.00 – 4.00pm

This workshop will focus on the early steps that need to be taken to support a small business. Analysing the target market, examining the product or service, researching the competition, evaluating the brand and the marketing channels and finally creating a marketing plan.

**LISA MALYON** **Saturday – An Introduction to Social Media for Business**  
**S68** | £26.00/£24.00/£19.50 | **17 June** 10.00 – 4.00pm

Terrified by tweets? Hesitant to use a hashtag? Learn how social media can be an enjoyable way to interact and a useful tool to help promote your business or hobby for free. Please bring a laptop or tablet and a good knowledge of the internet in order to get the most out of this workshop. You will all be tweeting by the end of the workshop.

**DEM JARDEL** **Saturday – Cryptic Crosswords: How to Solve Them**  
**S21** | £15.60/£14.40/£11.70 | **6 May** 1.00 – 4.00pm

This fun workshop will teach you how to solve cryptic crosswords and explain why they're so good for your vocabulary and memory. Bring the cryptic crossword from your favourite newspaper and soon you'll be solving it yourself!

## WEEKDAY TIMETABLES

## MONDAY

	TIME	PAGE
<b>L25</b> German Level 3	10.00 - 12.00	29
<b>A15</b> Learn to Draw	10.00 - 12.30	5
<b>P1</b> Pottery Day Studio	10.00 - 4.15	16
<b>D14</b> Line Dancing Improvers	10.30 - 11.30	25
<b>A10</b> Acrylic Painting	10.30 - 12.30	4
<b>F1</b> Gentle Pilates	12.00 - 1.00	26
<b>D13</b> Circle Dancing	1.30 - 3.00	24
<b>A16</b> Painting in Watercolour	1.30 - 4.00	5
<b>A2</b> Painting from Life	2.00 - 4.15	3
<b>D20</b> Ballet for Beginners Entry	5.30 - 6.30	25
<b>L2</b> French Beginners Plus	5.30 - 6.45	28
<b>A1</b> Life Drawing: Basic Skills	5.30 - 7.30	3
<b>C14</b> Dressmaking	5.30 - 7.30	15
<b>C6</b> Silversmithing Techniques	5.30 - 7.30	13
<b>W1</b> Introduction to Creative Writing	5.30 - 7.30	18
<b>D8</b> Finding your Voice	6.00 - 7.00	23
<b>L16</b> Spanish Level 1	6.00 - 7.30	28
<b>P7</b> Pottery Improvers	6.00 - 9.00	17
<b>L9</b> Italian Beginners Plus	7.00 - 8.15	28
<b>D9</b> Enhancing your Voice	7.15 - 8.45	23
<b>D21</b> Ballet Beginners Plus	6.45 - 7.45	25
<b>L21</b> German Beginners Entry Level	7.45 - 9.15	29
<b>L17</b> Spanish Level 2	7.45 - 9.15	28
<b>A8</b> Life Drawing: Mixed Ability	7.45 - 9.45	3
<b>C15</b> Dressmaking	7.45 - 9.45	15
<b>C7</b> Silversmithing Techniques	7.45 - 9.45	13
<b>L11</b> Italian Level 2	8.30 - 9.45	28

## TUESDAY

	TIME	PAGE
<b>C5</b> Beadwork	10.00 - 12.00	14
<b>P2</b> Pottery Day Studio	10.00 - 4.00	17
<b>P3</b> Pottery Day Studio	10.00 - 4.00	17
<b>L5</b> French Level 2	10.30 - 12.30	28
<b>W4</b> Creative Writing for All	10.30 - 12.30	19
<b>F5</b> Lunchtime Yoga	1.00 - 2.00	26
<b>A11</b> Exploring Drawing	1.30 - 3.30	4
<b>A30</b> Lino Printing	2.00 - 4.00	7
<b>C16</b> Dressmaking	2.00 - 4.00	15

## TUESDAY

	TIME	PAGE
<b>W5</b> Life Writing Weekly	2.00 - 4.00	19
<b>A3</b> Painting in Oils and Acrylics	4.00 - 6.00	3
<b>F2</b> Pilates - Beginners	5.30 - 6.30	26
<b>L1</b> French Beginners Entry	5.30 - 6.45	28
<b>A29</b> Etching	5.30 - 7.30	7
<b>C17</b> Dressmaking	5.30 - 7.30	15
<b>G1</b> NLP: A Foundation Course	5.30 - 7.30	29
<b>G2</b> Intro to Alexander Technique	6.00 - 7.30	30
<b>L13</b> Spanish Beginners Entry	6.00 - 7.30	28
<b>L18</b> Spanish Beginners Plus	6.00 - 7.30	29
<b>A4</b> Painting in Oils and Acrylics	6.15 - 8.15	3
<b>F3</b> Pilates - Intermediate	6.30 - 7.30	26
<b>P4</b> Pottery Multi-level	6.30 - 9.30	17
<b>C9</b> Knitting and Crochet	7.00 - 9.00	14
<b>L15</b> Spanish Beginners Plus	7.45 - 9.15	28
<b>CC</b> Community Choir	7.45 - 9.45	23
<b>A32</b> Creative Fabric Printing	7.45 - 9.45	8
<b>A33</b> Creative Printmaking	7.45 - 9.45	8
<b>C18</b> Dressmaking	7.45 - 9.45	5
<b>W6</b> Scriptwriting	7.45 - 9.45	19
<b>W7</b> Write your Children's/Teen Book	8.00 - 9.30	22

## WEDNESDAY

	TIME	PAGE
<b>L26</b> German Level 4	10.00 - 12.00	29
<b>P6</b> Pottery Beginners Extended	10.00 - 12.30	17
<b>A17</b> Landscapes in Watercolour	10.00 - 1.00	5
<b>A18</b> Landscapes in Watercolour	10.00 - 1.00	5
<b>D17</b> Line Dancing Advanced	10.30 - 12.00	25
<b>D18</b> Line Dancing Advanced	10.30 - 12.00	25
<b>L6</b> French Level 3	10.30 - 12.30	28
<b>A12</b> Experimental Art	10.30 - 12.45	4
<b>F6</b> Qi Gong	1.00 - 2.00	27
<b>L3</b> French Conversation	1.30 - 2.30	28
<b>C10</b> Introduction to Batik	1.30 - 3.30	15
<b>A6</b> Portraiture	2.00 - 4.30	3
<b>A7</b> Portraiture	2.00 - 4.30	3
<b>D2</b> Guitar Extended	2.30 - 4.30	22
<b>D3</b> Guitar Extended	2.30 - 4.30	22

## WEEKDAY TIMETABLES

## WEDNESDAY

	CONTINUED	TIME	PAGE
<b>L10</b> Italian Level 1		5.00 - 6.30	28
<b>F4</b> Hatha Yoga		5.30 - 6.30	26
<b>D1</b> Guitar Beginners		5.30 - 6.30	22
<b>A31</b> Lino Printing		5.30 - 7.30	7
<b>A5</b> Painting in Oils and Acrylics		5.30 - 7.30	3
<b>C19</b> Dressmaking		5.30 - 7.30	16
<b>P8</b> Pottery Improvers		5.30 - 7.30	17
<b>W2</b> Write your Novel		5.30 - 7.30	18
<b>L20</b> Spanish Level 3		6.00 - 7.30	29
<b>A38</b> Intro to B&W Film Photography		6.30 - 9.00	9
<b>L12</b> Italian Level 3		6.45 - 8.00	28
<b>D22</b> Drama and Improvisation Pt 1		7.00 - 9.00	25
<b>D23</b> Drama and Improvisation Pt 2		7.00 - 9.00	26
<b>D12</b> Swing Dance		7.30 - 9.00	24
<b>L19</b> Spanish Level 1		7.45 - 9.15	29
<b>A14</b> Painting with Oil for Beginners		7.45 - 9.45	4
<b>C20</b> Dressmaking		7.45 - 9.45	16
<b>C8</b> Silversmithing Techniques		7.45 - 9.45	13
<b>P5</b> Pottery Beginners		7.45 - 9.45	17
<b>L22</b> German Beginners Plus Level		8.00 - 9.30	29
<b>L8</b> Italian Beginners Entry Level		8.15 - 9.45	28

## THURSDAY

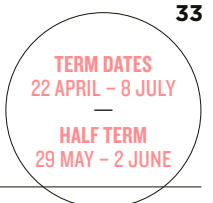
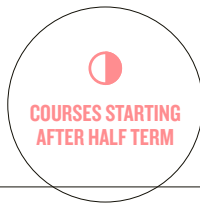
	TIME	PAGE
<b>A19</b> Botanical Painting	10.00 - 1.00	5
<b>A20</b> Botanical Painting	10.00 - 1.00	5
<b>A34</b> Digital Camera: Beginners	10.00 - 1.00	8
<b>A36</b> Digital Camera: Improvers	10.00 - 1.00	9
<b>D15</b> Line Dancing Intermediate	10.30 - 12.00	25
<b>D16</b> Line Dancing Intermediate	10.30 - 12.00	25
<b>C3</b> Woodcarving Course	10.30 - 12.30	12
<b>C4</b> Woodcarving Course	10.30 - 12.30	12
<b>L7</b> French Level 4	10.30 - 12.30	28
<b>A23</b> The Versatility of Watercolour	10.30 - 12.45	5
<b>D19</b> Line Dancing Advanced Plus	12.30 - 1.30	25
<b>D10</b> Ukulele for Beginners	2.00 - 3.00	23
<b>D11</b> Ukulele for Improvers	2.00 - 3.00	23
<b>A24</b> Painting Projects: Multi-level	2.00 - 4.15	6
<b>A21</b> Sketching in Watercolour	2.00 - 5.00	5

## THURSDAY

	CONTINUED	TIME	PAGE
<b>A22</b> Sketching in Watercolour		2.00 - 5.00	5
<b>A9</b> Art History - 18th Century		2.30 - 4.30	4
<b>D5</b> Guitar Improvers		5.30 - 6.30	22
<b>L4</b> French Level 1		5.30 - 7.00	28
<b>A13</b> Experimental Art		5.30 - 7.30	4
<b>A35</b> Digital Camera: Beginners		5.30 - 7.30	8
<b>A37</b> Digital Camera: Improvers		5.30 - 7.30	9
<b>C12</b> Sewing for Beginners		5.30 - 7.30	15
<b>P10</b> Intro to the Potter's Wheel		5.30 - 7.30	18
<b>P9</b> Pottery - Beginners		5.30 - 7.30	18
<b>W3</b> Short Fiction		5.30 - 7.30	19
<b>L24</b> German Level 2		5.45 - 7.15	29
<b>A39</b> Gum-bichromate Introduction		6.00 - 9.00	11
<b>F7</b> Qi Gong		6.15 - 7.15	27
<b>D4</b> Guitar Beginners Continued		6.45 - 7.45	22
<b>L23</b> German Level 1		7.30 - 9.00	29
<b>L14</b> Spanish Beginners Entry		7.45 - 9.15	28
<b>A25</b> Exploring Illustration		7.45 - 9.45	6
<b>A26</b> Digitally Exploring Illustration		7.45 - 9.45	6
<b>A27</b> Figure Drawing and Anatomy		7.45 - 9.45	6
<b>A28</b> Improve your Cartooning		7.45 - 9.45	7
<b>C13</b> Sewing for Beginners		7.45 - 9.45	15
<b>P11</b> Pottery Improvers		7.45 - 9.45	18
<b>D6</b> Guitar Extended		8.00 - 9.30	22
<b>D7</b> Guitar Extended		8.00 - 9.30	22

## FRIDAY

	TIME	PAGE
<b>C1</b> Stained Glass	10.00 - 12.30	12
<b>C2</b> Stained Glass	10.00 - 12.30	12
<b>DD</b> Drop in and Draw	10.00 - 1.00	3
<b>F8</b> Keep Fit in Retirement	11.00 - 12.00	27
<b>F9</b> Keep Fit in Retirement	11.00 - 12.00	27
<b>C11</b> Sewing for Beginners	11.00 - 1.00	15





TERM DATES  
22 APRIL – 8 JULY  
—  
HALF TERM  
29 MAY – 2 JUNE

## SATURDAY SCHOOLS TIMETABLES

### SATURDAY 22 APRIL

PAGE

<b>S1</b>	Posy Making Workshop	10.00 - 12.30	<b>13</b>
<b>S2</b>	Illustrating Bristol - Poster Design	10.00 - 4.00	<b>8</b>
<b>S3</b>	Sewing for Beginners Workshop	10.00 - 4.00	<b>16</b>
<b>S4</b>	Shibori Workshop	10.00 - 4.00	<b>14</b>
<b>S5</b>	Stained Glass Taster Day	10.00 - 4.00	<b>12</b>
<b>S6</b>	Table Centre Arrangement	1.30 - 4.00	<b>13</b>

### SATURDAY 29 APRIL

PAGE

<b>S7</b>	Drawing for Beginners	10.00 - 4.00	<b>7</b>
<b>S8</b>	Mosaic Workshop	10.00 - 4.00	<b>12</b>
<b>S9</b>	Pottery - Garden Pots	10.00 - 4.00	<b>17</b>
<b>S10</b>	Digital Camera Workshop	10.00 - 4.00	<b>9</b>
<b>S11</b>	20s Charleston for Beginners	10.30 - 12.30	<b>24</b>
<b>S12</b>	Mindfulness for Busy People	2.00 - 4.00	<b>30</b>

### SATURDAY 6 MAY

PAGE

<b>S13</b>	B&W Film Developing	10.00 - 4.00	<b>9</b>
<b>S14</b>	Introduction to Enamelling	10.00 - 4.00	<b>14</b>
<b>S15</b>	Knitting and Crochet Workshop	10.00 - 4.00	<b>14</b>
<b>S16</b>	Natural Dye Workshop	10.00 - 4.00	<b>14</b>
<b>S17</b>	Reflexology Workshop	10.00 - 4.00	<b>31</b>
<b>S18</b>	Throwing Cups, Jugs and Bowls	10.00 - 4.00	<b>16</b>
<b>S19</b>	Spoon Carving Workshop	10.00 - 4.00	<b>13</b>
<b>S20</b>	Sound, Meditation, Relaxation	10.00 - 4.00	<b>30</b>
<b>S21</b>	Cryptic Crosswords	1.00 - 4.00	<b>31</b>

### SATURDAY 13 MAY

PAGE

<b>S22</b>	Botanical Painting Workshop	10.00 - 4.00	<b>5</b>
<b>S23</b>	Cyanotype Printing Workshop	10.00 - 4.00	<b>11</b>
<b>S24</b>	Interior Design Workshop	10.00 - 4.00	<b>12</b>
<b>S25</b>	Life Drawing Day	10.00 - 4.00	<b>3</b>
<b>S26</b>	Marketing your Small Business	10.00 - 4.00	<b>31</b>
<b>S27</b>	Throwing and Turning	10.00 - 4.00	<b>18</b>
<b>S28</b>	Travel Writing	10.00 - 4.00	<b>19</b>
<b>S29</b>	Burlesque Workshop	10.30 - 12.30	<b>24</b>
<b>S30</b>	Intro to Circle Dancing	2.00 - 4.00	<b>25</b>

### SATURDAY 20 MAY

PAGE

<b>S31</b>	Darkroom Taster	10.00 - 1.00	<b>11</b>
<b>S32</b>	Charcoal and Pastels Workshop	10.00 - 4.00	<b>4</b>
<b>S33</b>	Mosaic Workshop	10.00 - 4.00	<b>12</b>
<b>S34</b>	Pottery - Delicious Dishes	10.00 - 4.00	<b>16</b>
<b>S35</b>	Compact Camera Workshop	10.00 - 4.00	<b>9</b>
<b>S36</b>	Knitting Loom	10.00 - 1.00	<b>14</b>
<b>S37</b>	Samba Dance Workshop	10.30 - 12.30	<b>24</b>
<b>S38</b>	Biodanza	2.00 - 4.00	<b>24</b>
<b>S39</b>	Vocal Improvisation Workshop	2.00 - 4.00	<b>23</b>

### SATURDAY 27 MAY

PAGE

<b>S40</b>	Illustrative Life Drawing	10.00 - 1.00	<b>6</b>
<b>S41</b>	Four Pots in a Day	10.00 - 4.00	<b>17</b>
<b>S42</b>	Life Writing and Memoir	10.00 - 4.00	<b>19</b>
<b>S43</b>	Meditation and Mindfulness	10.00 - 4.00	<b>30</b>
<b>S44</b>	Sewing Surgery	10.00 - 4.00	<b>15</b>
<b>S45</b>	Stained Glass Mirror Taster Day	10.00 - 4.00	<b>12</b>
<b>S46</b>	Indigo Workshop	1.30 - 4.30	<b>15</b>

ENROLMENT  
INFORMATION  
ON PAGE

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## SATURDAY SCHOOLS TIMETABLES

### SATURDAY 3 JUNE

PAGE

<b>S47</b>	B&W Film Printing	10.00 - 4.00	<b>9</b>
<b>S48</b>	Drawing for Improvers	10.00 - 4.00	<b>7</b>
<b>S49</b>	Figure Drawing and Anatomy	10.00 - 4.00	<b>6</b>
<b>S50</b>	Introduction to Lino Printing	10.00 - 4.00	<b>7</b>
<b>S51</b>	Throwing and Turning	10.00 - 4.00	<b>18</b>
<b>S52</b>	Songwriting Day Workshop	10.00 - 4.00	<b>23</b>
<b>S53</b>	Digital Camera Workshop	10.00 - 4.00	<b>9</b>
<b>S54</b>	Willow Squirrel Sculpture	10.00 - 4.00	<b>13</b>
<b>S55</b>	Write a Picture Book	10.00 - 4.00	<b>22</b>

### SATURDAY 10 JUNE

PAGE

<b>S56</b>	Get Started in Creative Writing	10.00 - 4.00	<b>19</b>
<b>S57</b>	Monoprinting Workshop	10.00 - 4.00	<b>8</b>
<b>S58</b>	Natural DIY Spa Day	10.00 - 4.00	<b>12</b>
<b>S59</b>	Portraiture Workshop	10.00 - 4.00	<b>3</b>
<b>S60</b>	3 Alt Photographic Processes	10.00 - 4.00	<b>11</b>
<b>S61</b>	Ukelele Beginners Workshop	10.00 - 4.00	<b>23</b>
<b>S62</b>	Starting your Own Business	10.00 - 4.30	<b>31</b>
<b>S63</b>	Yoga for Healthy Backs	10.30 - 12.30	<b>26</b>
<b>S64</b>	Yoga Nidra	2.00 - 4.00	<b>30</b>

### SATURDAY 17 JUNE

PAGE

<b>S65</b>	Meditation for Home Practice	10.00 - 1.00	<b>30</b>
<b>S66</b>	Gypsy Jazz Guitar Workshop	10.00 - 1.00	<b>23</b>
<b>S67</b>	Acrylic Painting Workshop	10.00 - 4.00	<b>4</b>
<b>S68</b>	Intro to Social Media for Business	10.00 - 4.00	<b>31</b>
<b>S69</b>	Lino Printing onto Fabric	10.00 - 4.00	<b>7</b>
<b>S70</b>	Fibre Based Photo Printing	10.00 - 4.00	<b>11</b>
<b>S71</b>	Sew a Bag in a Day	10.00 - 4.00	<b>15</b>
<b>S72</b>	Silver Ring in a Day	10.00 - 4.00	<b>13</b>
<b>S73</b>	Yoga for Healthy Sleep	1.30 - 4.30	<b>27</b>
<b>S74</b>	Swing Dance Workshop	2.00 - 4.00	<b>24</b>

### SATURDAY 24 JUNE

PAGE

<b>S75</b>	Beginners Harmonica Workshop	10.00 - 4.00	<b>24</b>
<b>S76</b>	Crochet Squares and Blankets	10.00 - 4.00	<b>14</b>
<b>S77</b>	Landscapes in Watercolour	10.00 - 4.00	<b>5</b>
<b>S78</b>	Introduction to Aromatherapy	10.00 - 4.00	<b>31</b>
<b>S79</b>	Pottery Catch up Day	10.00 - 4.00	<b>18</b>
<b>S80</b>	Sewing for Beginners Workshop	10.00 - 4.00	<b>16</b>
<b>S81</b>	Think Pen and Ink	10.00 - 4.00	<b>6</b>
<b>S82</b>	Willow Basket Making Workshop	10.00 - 4.00	<b>13</b>

### SATURDAY 1 JULY

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<b>S83</b>	Kumihimo Braid Making	10.00 - 1.00	<b>14</b>
<b>S84</b>	Introduction to Cartooning	10.00 - 4.00	<b>7</b>
<b>S85</b>	Introduction to Shakespeare	10.00 - 4.00	<b>26</b>
<b>S86</b>	Letter Cutting Wood Workshop	10.00 - 4.00	<b>12</b>
<b>S87</b>	Mindfulness, Compassion...	10.00 - 4.00	<b>30</b>
<b>S88</b>	Poetry Workshop	10.00 - 4.00	<b>19</b>
<b>S89</b>	Silver Pendant in a Day	10.00 - 4.00	<b>13</b>
<b>S90</b>	Surrealist Photography	10.00 - 4.00	<b>11</b>
<b>S91</b>	Cryptic Crosswords	1.30 - 4.30	<b>31</b>

### SATURDAY 8 JULY

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<b>S92</b>	Beginners Harmonica Workshop	10.00 - 4.00	<b>24</b>
<b>S93</b>	Figure Drawing - Head/Hands	10.00 - 4.00	<b>6</b>
<b>S94</b>	Intro to Photoshop/Lightroom	10.00 - 4.00	<b>9</b>
<b>S95</b>	Hypnotherapy for Happiness	10.00 - 4.00	<b>30</b>
<b>S96</b>	NLP - A Day of Discovery	10.00 - 4.00	<b>29</b>
<b>S97</b>	Oil Painting Workshop	10.00 - 4.00	<b>4</b>
<b>S98</b>	Silver Ring in a Day	10.00 - 4.00	<b>13</b>

## ENROLMENT INFORMATION

**We look forward to you visiting the Bristol Folk House. To ensure you are fully prepared and make the most of your time with us, please read our terms and conditions thoroughly. For full terms and conditions please visit our website at [www.bristolfolkhouse.co.uk](http://www.bristolfolkhouse.co.uk)**

## HOW TO ENROL

To book a course or workshop call us on:

**0117 926 2987**

You can enrol:



**In person**



**By phone**



**By post**

Office opening hours (during term time):

**Monday – Thursday 9am – 9pm**

**Friday – Saturday 9am – 5pm**

At peak times we are very busy, we will deal with your enrolments as quickly as we can and we really appreciate your patience. If you cannot get through on the phone, please leave us a message and we will get back to you as soon as possible.

- We accept cash; card payments and cheques (please do not send cash or credit card details in the post or via email).
- If you would like to pay by cheque, please contact the office in advance to check the availability on your chosen course. Please complete the enrolment form and cheque and post them to 40a Park Street, Bristol BS1 5JG. Please make cheques payable to BRISTOL FOLK HOUSE CO-OP LTD.
- Places are booked on a first-come-first-served basis upon receipt of full payment.
- You must be over 18 years old to attend a course or workshop at the Bristol Folk House.
- Some courses are very popular and book up quickly. To be notified of enrolment dates, please sign up to the mailing list on our website or become a Member of the Folk House and have a programme delivered to your door. For more details see page 38.

**Please note:** If you have a disability, learning difficulty or mental health issue which may affect your participation in your chosen course please contact the office prior to enrolling. If you need to bring a carer or Support Worker with you to the class, please inform the office when enrolling so we can make arrangements. Unfortunately, we have no wheelchair access or facilities.

## FEES

We are committed to keeping our course prices low. We do offer concession rates for anyone over 60 or claiming the benefits listed below. As we are a self-funded organisation we receive no financial support in order to offer these rates.

The concessionary rate is for those whose sole source of income is from a state benefit. We accept Universal Credit, Income Support, Job Seeker's Allowance and Employment and Support Allowance. Please show a recent letter or statement stating your benefit when enrolling.

## REFUNDS

In the event that we have to cancel a course, we aim to inform you 2 working days before the start date, or at least 24 hours before a day workshop. If we have to cancel a course, then you will receive a full refund.

If your refund request does not fall within the areas listed below, it is possible that you are not eligible for a refund.

- If you wish to cancel your place you must inform us at least 7 days before the start date of your course or workshop. In this case you will receive a refund minus a 10% admin fee. (10% of the course fees or £5, whichever is greater).
- If you give us less than 7 days' notice, or your course or workshop has already started a refund will be not given.
- If you are requesting a refund due to an illness, medical condition, disability or injury that will prevent you from participating in the course, we will consider a pro-rata refund for the sessions you have not attended or transfer you to a more suitable course. We consider all requests on an individual basis and are at the discretion of the General Manager. We may ask to see a medical note.

## MATERIALS LIST

Some courses may involve additional costs for materials. Some costs will be included in the course fee; others will be outlined on the website under the materials list section. Please check the materials list before attending.

## GIFT VOUCHERS

Gift Vouchers can be purchased from the Bristol Folk House reception or by calling 0117 926 2987. Gift vouchers are valid for one year from date of purchase. They can only be used on courses and workshops and cannot be redeemed in the cafe. Please allow 5 working days for delivery.

## CHANGES TO THE PROGRAMME

The Co-Operative reserves the right to change tutors, courses and times after the publication of the programme. We are unable to grant a refund on the grounds of a change of tutor. Tutors may have different teaching styles, however, we guarantee a consistency in the quality of the teaching. Make-up classes will be arranged if a tutor has to miss a class.

## TERM DATES

22 April - 8 July. Half term break 29 May - 2 June.

There are no classes during half term and all 10 week courses have a break during this period.



Like the look of the Folk House prospectus? In need of something similar?

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## BRISTOL FOLK HOUSE



# MEMBERS

IF YOU'D LIKE TO JOIN YOU CAN EITHER FILL IN THE ENROLMENT FORM ON THE BACK PAGE OR CALL US ON 0117 926 2987

*As we are a self-funding organisation, the Bristol Folk House relies heavily on the support of our members to continue running the huge range of courses and workshops that appear in this programme.*

**BECOME A MEMBER OF THE FOLK HOUSE CO-OP FOR JUST £12 A YEAR AND TAKE ADVANTAGE OF THESE LOVELY INCENTIVES:**

1

### PROGRAMME DELIVERY

Delivered straight to your door before it goes online

2

### QUICK AND EXCLUSIVE ENROLMENT

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3

### SUPPORTING US

Help us to continue what we do

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excluding existing offers



74 PARK ROW · BRISTOL · BSI 5LE  
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# ENROLMENT FORM

## SUMMER TERM 2017

Please complete in BLOCK CAPITALS

If you would like to give a voluntary £1 contribution towards the up-keep of the Bristol Folk House with your enrolment, please tick the box below and include payment with your course fee. **Thank you.**

FIRST NAME ..... SURNAME .....

ADDRESS .....

..... POSTCODE .....

DAYTIME TELEPHONE .....

E-MAIL .....

Join our mailing list

We do not share you details with any 3rd parties. We will only contact you about courses and workshops.

Please tick the concessionary rate which applies to you:

60+ years  Income Support  Jobseeker's Allowance  ESA Allowance

The Benefit rate will only be given with current dated proof of one of the above.

CODE	COURSE NAME	DAY	TIME	FEE
.....	.....	.....	.....	.....
.....	.....	.....	.....	.....
.....	.....	.....	.....	.....
.....	.....	.....	.....	.....
DATE PAID .....	TOTAL .....			
Cash <input type="checkbox"/>	Cheque <input type="checkbox"/>	Card <input type="checkbox"/>	Voucher <input type="checkbox"/>	
Voluntary donation <input type="checkbox"/>				

Before enrolling by post please contact us by phone to ensure there is space on your chosen course. Please make cheques payable to **BRISTOL FOLK HOUSE CO-OP LTD.**

## BECOME A FOLK HOUSE MEMBER

If you would like to become a member of the Bristol Folk House please complete this section. See page 38 for more details. **£12** for 12 months membership.

To join please complete this section of the form.

DATE PAID ..... Cash  Cheque  Card



# HOW TO FIND US

ANY QUESTIONS?

0117 926 2987

We are situated at 40a Park Street which is up the alleyway opposite the two post boxes, in between Nomad Travel Shop and Children's Hospice. The rear entrance is in Culver Street.

**PARKING** - Unfortunately we do not have any parking facilities. Our nearest car park is Trenchard Street multi-storey. Our nearest bus stops are the bottom of Park Street and the City Centre.

## REASONABLY PRICED ROOM HIRE

Rooms for hire with a capacity of 10-160 people, on an hourly or daily rate, for private functions, receptions etc. For details 0117 926 2987 [www.bristolfolkhouse.co.uk](http://www.bristolfolkhouse.co.uk)

## DISABILITY

If you have a disability which may affect participation in your chosen course, please contact the office prior to enrolling. Unfortunately we have no disabled access or facilities.



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Café & Bar*

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